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Target genes, variants, tissues and transcriptional pathways for the regulation of serum urate levels in humans

Adrienne Tin^{*†1,2}, Jonathan Marten^{*3}, Victoria L. Halperin Kuhns^{*4}, Yong Li^{*5}, Matthias Wuttke^{*5}, Holger Kirsten^{*6,7}, Karsten B. Sieber⁸, Chengxiang Qiu⁹, Mathias Gorski^{10,11}, Zhi Yu^{1,12}, Ayush Giri^{13,14}, Gardar Sveinbjornsson¹⁵, Man Li¹⁶, Audrey Y. Chu¹⁷, Anselm Hoppmann⁵, Luke J. O'Connor¹⁸, Bram Prins¹⁹, Teresa Nutile²⁰, Damia Noce²¹, Masato Akiyama^{22,23}, Massimiliano Cocca²⁴, Sahar Ghasemi^{25,26}, Peter J. van der Most²⁷, Katrin Horn^{6,7}, Yizhe Xu¹⁶, Christian Fuchsberger²¹, Sanaz Sedaghat²⁸, Saima Afaq^{29,30}, Najaf Amin²⁸, Johan Ärnlöv^{31,32}, Stephan J.L. Bakker³³, Nisha Bansal^{34,35}, Daniela Baptista³⁶, Sven Bergmann^{37,38,39}, Mary L. Biggs^{40,41}, Ginevra Biino⁴², Eric Boerwinkle⁴³, Erwin P. Bottinger^{44,45}, Thibaud S. Boutin³, Marco Brumat⁴⁶, Ralph Burkhardt^{7,47,48}, Eric Campana⁴⁶, Archie Campbell⁴⁹, Harry Campbell⁵⁰, Robert J. Carroll⁵¹, Eulalia Catamo²⁴, John C. Chambers^{52,53,54,55,56}, Marina Ciullo^{20,57}, Maria Pina Concas²⁴, Josef Coresh¹, Tanguy Corre^{37,38,58}, Daniele Cusi^{59,60}, Sala Cinzia Felicita⁶¹, Martin H. de Borst³³, Alessandro De Grandi²¹, Renée de Mutsert⁶², Aiko P.J. de Vries⁶³, Graciela Delgado⁶⁴, Ayse Demirkan²⁸, Olivier Devuyst⁶⁵, Katalin Dittrich^{66,67}, Kai-Uwe Eckardt^{68,69}, Georg Ehret³⁶, Karlhans Endlich^{26,70}, Michele K. Evans⁷¹, Ron T. Gansevoort³³, Paolo Gasparini^{24,46}, Vilmantas Giedraitis⁷², Christian Gieger^{73,74,75}, Giorgia Girotto^{24,46}, Martin Gögele²¹, Scott D. Gordon⁷⁶, Daniel F. Gudbjartsson¹⁵, Vilmundur Gudnason^{77,78}, Toomas Haller⁷⁹, Pavel Hamet^{80,81}, Tamara B. Harris⁸², Caroline Hayward³, Andrew A. Hicks²¹, Edith Hofer^{83,84}, Hilma Holm¹⁵, Wei Huang^{85,86}, Nina Hutri-Kähönen^{87,88}, Shih-Jen Hwang^{89,90}, M. Arfan Ikram²⁸, Raychel M. Lewis⁹¹, Erik Ingelsson^{92,93,94,95}, Johanna Jakobsdottir^{77,96}, Ingileif Jonsdottir¹⁵, Helgi Jonsson^{97,98}, Peter K. Joshi⁵⁰, Navya Shilpa Josyula⁹⁹, Bettina Jung¹⁰, Mika Kähönen^{100,101}, Yoichiro Kamatani^{22,102}, Masahiro Kanai^{22,103}, Shona M. Kerr³, Wieland Kiess^{7,66,67}, Marcus E. Kleber⁶⁴, Wolfgang Koenig^{104,105,106}, Jaspal S. Kooner^{54,55,56,107}, Antje Körner^{7,66,67}, Peter Kovacs¹⁰⁸, Bernhard K. Krämer⁶⁴, Florian Kronenberg¹⁰⁹, Michiaki Kubo¹¹⁰, Brigitte Kühnel⁷³, Martina La Bianca²⁴, Leslie A. Lange¹¹¹, Benjamin Lehne²⁹, Terho Lehtimäki^{112,113}, Lifelines Cohort Study¹¹⁴, Jun Liu²⁸, Markus Loeffler^{6,7}, Ruth J.F. Loos^{44,115}, Leo-Pekka Lyytikäinen^{112,113}, Reedik Magi⁷⁹, Anubha Mahajan^{116,117}, Nicholas G. Martin⁷⁶, Winfried März^{64,118,119}, Deborah Mascalzoni²¹, Koichi Matsuda¹²⁰, Christa Meisinger^{121,122}, Thomas Meitinger^{105,123,124}, Andres Metspalu⁷⁹, Yuri Milaneschi¹²⁵, Million Veteran Program¹²⁶, Christopher J. O'Donnell^{127,128}, Otis D. Wilson¹²⁹, J. Michael Gaziano¹³⁰, Pashupati P. Mishra¹³¹, Karen L. Mohlke¹³², Nina Mononen^{112,131}, Grant W. Montgomery¹³³, Dennis O. Mook-Kanamori^{62,134}, Martina Müller-Nurasyid^{105,135,136,137}, Girish N. Nadkarni^{44,138}, Mike A. Nalls^{139,140}, Matthias Nauck^{26,141}, Kjell Nikus^{142,143}, Boting Ning¹⁴⁴, Ilja M. Nolte²⁷, Raymond Noordam¹⁴⁵, Jeffrey O'Connell¹⁴⁶, Isleifur Olafsson¹⁴⁷, Sandosh Padmanabhan¹⁴⁸, Brenda W.J.H. Penninx¹²⁵, Thomas Perls¹⁴⁹, Annette Peters^{74,75,105}, Mario Pirastu¹⁵⁰, Nicola Pirastu⁵⁰, Giorgio Pistis¹⁵¹, Ozren Polasek^{152,153}, Belen Ponte^{154,155}, David J. Porteous^{49,156}, Tanja Poulain⁷, Michael H. Preuss⁴⁴, Ton J. Rabelink^{63,157}, Laura M. Raffield¹³², Olli T. Raitakari^{158,159}, Rainer Rettig¹⁶⁰, Myriam Rheinberger¹⁰, Kenneth M. Rice⁴¹, Federica Rizzi^{161,162}, Antonietta Robino²⁴, Igor Rudan⁵⁰, Alena Krajcoviechova^{163,164}, Renata Cifkova^{163,164}, Rico Rueedi^{37,38}, Daniela Ruggiero^{20,57}, Kathleen A. Ryan¹⁶⁵, Yasaman Saba¹⁶⁶, Erika Salvi^{161,167}, Helena Schmidt¹⁶⁸, Reinhold Schmidt⁸³, Christian M. Shaffer⁵¹, Albert V. Smith⁷⁸, Blair H. Smith¹⁶⁹, Cassandra N. Spracklen¹³², Konstantin Strauch^{135,136}, Michael Stumvoll¹⁷⁰, Patrick Sulem¹⁵, Salman M. Tajuddin⁷¹, Andrej Teren^{7,171}, Joachim Thiery^{7,47}, Chris H. L. Thio²⁷, Unnur Thorsteinsdottir¹⁵, Daniela Toniolo⁶¹, Anke Tönjes¹⁷², Johanne Tremblay^{80,173}, André G. Uitterlinden¹⁷⁴, Simona Vaccargiu¹⁵⁰, Pim van der Harst^{175,176,177}, Cornelia M. van Duijn²⁸, Niek Verweij¹⁷⁵, Uwe Völker^{26,178}, Peter Vollenweider¹⁷⁹, Gerard Waeber¹⁷⁹, Melanie Waldenberger^{73,74,105}, John B. Whitfield⁷⁶, Sarah H. Wild¹⁸⁰, James F. Wilson^{3,50}, Qiong Yang¹⁴⁴, Weihua Zhang^{52,54}, Alan B. Zonderman⁷¹, Murielle Bochud⁵⁸, James G. Wilson¹⁸¹, Sarah A. Pendergrass¹⁸², Kevin Ho^{183,184}, Afshin Parsa^{185,186}, Peter P. Pramstaller²¹, Bruce M. Psaty^{187,188}, Carsten A. Böger^{10,189}, Harold Snieder²⁷, Adam S. Butterworth¹⁹⁰, Yukinori Okada^{191,192}, Todd L. Edwards^{193,194}, Kari Stefansson¹⁵, Katalin Susztak⁹, Markus Scholz^{6,7}, Iris M.

Heid¹¹, Adriana M. Hung^{**129,194}, Alexander Teumer^{**25,26}, Cristian Pattaro^{**21}, Owen M. Woodward^{**4},
Veronique Vitart^{**3}, Anna Köttgen^{**†1,5}

* Indicates joint contribution

** Indicates joint oversight

† Indicates corresponding author

Authors for Correspondence:

Adrienne Tin, PhD MS
Department of Epidemiology
Johns Hopkins Bloomberg School of Public Health
Baltimore, Maryland, USA
+1 443-287-4740
atin1@jhu.edu

Anna Köttgen, MD MPH
Institute of Genetic Epidemiology
Medical Center - University of Freiburg
Hugstetter Str. 49, 79106 Freiburg, Germany
+49 (0)761 270-78050
anna.koettgen@uniklinik-freiburg.de

Author affiliations

- 1 Department of Epidemiology, Johns Hopkins Bloomberg School of Public Health, Baltimore, Maryland, USA
- 2 Welch Centre for Prevention, Epidemiology and Clinical Research, Baltimore, Maryland, USA
- 3 Medical Research Council Human Genetics Unit, Institute of Genetics and Molecular Medicine, University of Edinburgh, Edinburgh, UK
- 4 Department of Physiology, University of Maryland School of Medicine, Baltimore MD, USA
- 5 Institute of Genetic Epidemiology, Department of Biometry, Epidemiology and Medical Bioinformatics, Faculty of Medicine and Medical Center - University of Freiburg, Freiburg, Germany
- 6 Institute for Medical Informatics, Statistics and Epidemiology, University of Leipzig, Leipzig, Germany
- 7 LIFE Research Centre for Civilization Diseases, University of Leipzig, Leipzig, Germany
- 8 Target Sciences - Genetics, GlaxoSmithKline, Collegeville, Pennsylvania, USA
- 9 Smilow Center for Translational Research, Perelman School of Medicine, University of Pennsylvania
- 10 Department of Nephrology, University Hospital Regensburg, Regensburg, Germany
- 11 Department of Genetic Epidemiology, University of Regensburg, Regensburg, Germany
- 12 Department of Biostatistics, Johns Hopkins Bloomberg School of Public Health, Baltimore, Maryland, USA
- 13 Division of Quantitative Sciences, Department of Obstetrics & Gynecology, Vanderbilt Genetics Institute, Vanderbilt Epidemiology Center, Institute for Medicine and Public Health, Vanderbilt University Medical Center, Nashville, TN, USA

92 14 Biomedical Laboratory Research and Development, Tennessee Valley Healthcare System
 93 (626)/Vanderbilt University, Nashville, TN, USA
 94 15 deCODE Genetics, Amgen Inc., Reykjavik, Iceland
 95 16 Department of Medicine, Division of Nephrology and Hypertension, University of Utah, Salt Lake City,
 96 USA
 97 17 Genetics, Merck & Co., Inc., Kenilworth, New Jersey, USA
 98 18 Epidemiology, Harvard T.H. Chan School of Public Health, Boston, Massachusetts, USA
 99 19 Strangeways Research Laboratory, University of Cambridge, 2 Worts' Causeway, Cambridge, CB1
 100 8RN, UK
 101 20 Institute of Genetics and Biophysics Adriano Buzzati-Traverso - CNR, Naples, Italy
 102 21 Eurac Research, Institute for Biomedicine (affiliated to the University of Lübeck), Bolzano, Italy
 103 22 Laboratory for Statistical Analysis, RIKEN Centre for Integrative Medical Sciences (IMS), Yokohama
 104 (Kanagawa), Japan
 105 23 Department of Ophthalmology, Graduate School of Medical Sciences, Kyushu University, Fukuoka,
 106 Japan
 107 24 Institute for Maternal and Child Health - IRCCS Burlo Garofolo, Trieste, Italy
 108 25 Institute for Community Medicine, University Medicine Greifswald, Greifswald, Germany
 109 26 DZHK (German Center for Cardiovascular Research), Partner Site Greifswald, Greifswald, Germany
 110 27 Department of Epidemiology, University of Groningen, University Medical Center Groningen,
 111 Groningen, The Netherlands
 112 28 Department of Epidemiology, Erasmus MC, University Medical Center Rotterdam, Rotterdam, The
 113 Netherlands
 114 29 Department of Epidemiology and Biostatistics, Faculty of Medicine, School of Public Health, Imperial
 115 College London, London, UK
 116 30 Institute of Public health & social sciences, Khyber Medical University, Pakistan
 117 31 Department of Neurobiology, Care Sciences and Society, Division of Family Medicine and Primary
 118 Care, Karolinska Institutet, Stockholm, Sweden
 119 32 School of Health and Social Studies, Dalarna University, Sweden
 120 33 Department of Internal Medicine, Division of Nephrology, University of Groningen, University
 121 Medical Center Groningen, Groningen, The Netherlands
 122 34 Division of Nephrology, University of Washington, Seattle, Washington, USA
 123 35 Kidney Research Institute, University of Washington, Seattle, Washington, USA
 124 36 Cardiology, Geneva University Hospitals, Geneva, Switzerland
 125 37 Department of Computational Biology, University of Lausanne, Lausanne, Switzerland
 126 38 Swiss Institute of Bioinformatics, Lausanne, Switzerland
 127 39 Department of Integrative Biomedical Sciences, University of Cape Town, Cape Town, South Africa
 128 40 Cardiovascular Health Research Unit, Department of Medicine, University of Washington, Seattle,
 129 Washington, USA
 130 41 Department of Biostatistics, University of Washington, Seattle, Washington, USA
 131 42 Institute of Molecular Genetics, National Research Council of Italy, Pavia, Italy
 132 43 Human Genetics Centre, University of Texas Health Science Centre, Houston, Texas, USA
 133 44 The Charles Bronfman Institute for Personalized Medicine, Icahn School of Medicine at Mount Sinai,
 134 New York, New York, USA
 135 45 Digital Health Centre, Hasso Plattner Institute and University of Potsdam, Potsdam, Germany
 136 46 University of Trieste, Department of Medicine, Surgery and Health Sciences, Trieste, Italy
 137 47 Institute of Laboratory Medicine, Clinical Chemistry and Molecular Diagnostics, University of Leipzig,
 138 Leipzig, Germany

139 48 Institute of Clinical Chemistry and Laboratory Medicine, University Hospital Regensburg, Regensburg,
 140 Germany
 141 49 Centre for Genomic and Experimental Medicine, Institute of Genetics and Molecular Medicine,
 142 University of Edinburgh, Edinburgh, UK
 143 50 Centre for Global Health Research, Usher Institute of Population Health Sciences and Informatics,
 144 University of Edinburgh, Edinburgh, UK
 145 51 Department of Biomedical Informatics, Vanderbilt University Medical Center, Nashville (Tennessee),
 146 USA
 147 52 Department of Epidemiology and Biostatistics, Faculty of Medicine, School of Public Health, Imperial
 148 113 College London, London, UK
 149 53 Lee Kong Chian School of Medicine, Nanyang Technological University, Singapore 308232, Singapore
 150 54 Department of Cardiology, Ealing Hospital, Middlesex UB1 3HW, UK
 151 55 Imperial College Healthcare NHS Trust, Imperial College London, London, UK
 152 56 MRC-PHE Centre for Environment and Health, 323 School of Public Health, Imperial College London,
 153 London, UK
 154 57 IRCCS Neuromed, Pozzilli, Italy
 155 58 Institute of Social and Preventive Medicine, Lausanne University Hospital, Lausanne, Switzerland
 156 59 Institute of Biomedical Technologies, Italy National Research Council, Segrate (Milano), Italy
 157 60 Bio4Dreams - business nursery for life sciences, Bresso (Milano), Italy
 158 61 San Raffaele Research Institute, Milano, Italy
 159 62 Department of Clinical Epidemiology, Leiden University Medical Centre, Leiden, The Netherlands
 160 63 Section of Nephrology, Department of Internal Medicine, Leiden University Medical Centre, Leiden,
 161 The Netherlands
 162 64 5th Department of Medicine (Nephrology, Hypertensiology, Rheumatology, Endocrinology,
 163 Diabetology), Medical Faculty Mannheim, University of Heidelberg, Mannheim, Germany
 164 65 Institute of Physiology, University of Zurich, Zurich, Switzerland
 165 66 Department of Women and Child Health, Hospital for Children and Adolescents, University of Leipzig,
 166 Leipzig, Germany
 167 67 Centre for Pediatric Research, University of Leipzig, Leipzig, Germany
 168 68 Intensive Care Medicine, Charité, Berlin, Germany
 169 69 Department of Nephrology and Hypertension, Friedrich-Alexander-University Erlangen-Nürnberg
 170 (FAU), Germany
 171 70 Department of Anatomy and Cell Biology, University Medicine Greifswald, Greifswald, Germany
 172 71 Laboratory of Epidemiology and Population Sciences, National Institute on Aging, Intramural
 173 Research Program, National Institutes of Health, Baltimore, Maryland, USA
 174 72 Department of Public Health and Caring Sciences, Molecular Geriatrics, Uppsala University, Uppsala,
 175 Sweden
 176 73 Research Unit of Molecular Epidemiology, Helmholtz Zentrum München - German Research Centre
 177 for Environmental Health, Neuherberg, Germany
 178 74 Institute of Epidemiology, Helmholtz Zentrum München - German Research Centre for Environmental
 179 Health, Neuherberg, Germany
 180 75 German Center for Diabetes Research (DZD), Neuherberg, Germany
 181 76 QIMR Berghofer Medical Research Institute, Brisbane, Australia
 182 77 Icelandic Heart Association, Kopavogur, Iceland
 183 78 Faculty of Medicine, School of Health Sciences, University of Iceland, Reykjavik, Iceland
 184 79 Estonian Genome Centre, Institute of Genomics, University of Tartu, Tartu, Estonia
 185 80 Montreal University Hospital Research Centre, CHUM, Montreal, Canada

186 81 Medpharmgene, Montreal, Canada
 187 82 Laboratory of Epidemiology and Population Sciences, National Institute on Aging, Intramural
 188 Research Program, National Institutes of Health, Bethesda, Maryland, USA
 189 83 Clinical Division of Neurogeriatrics, Department of Neurology, Medical University of Graz, Graz,
 190 Austria
 191 84 Institute for Medical Informatics, Statistics and Documentation, Medical University of Graz, Graz,
 192 Austria
 193 85 Department of Genetics, Shanghai-MOST Key Laboratory of Health and Disease Genomics, Chinese
 194 National Human Genome Centre, Shanghai, China
 195 86 Shanghai Industrial Technology Institute, Shanghai, China
 196 87 Department of Pediatrics, Tampere University Hospital, Tampere, Finland
 197 88 Department of Pediatrics, Faculty of Medicine and Life Sciences, University of Tampere, Finland
 198 89 NHLBI Framingham Heart Study, Framingham (Massachusetts), USA
 199 90 The Centre for Population Studies, NHLBI, Framingham (Massachusetts), USA
 200 91 Department of Physiology, University of Maryland School of Medicine
 201 92 Department of Medicine, Division of Cardiovascular Medicine, Stanford University School of
 202 Medicine, Stanford, USA
 203 93 Stanford Cardiovascular Institute, Stanford University, USA
 204 94 Molecular Epidemiology and Science for Life Laboratory, Department of Medical Sciences, Uppsala
 205 University, Uppsala, Sweden
 206 95 Stanford Diabetes Research Center, Stanford University, Stanford, USA
 207 96 The Centre of Public Health Sciences, University of Iceland, Reykjavik, Iceland
 208 97 Landspítalinn University Hospital, Iceland
 209 98 University of Iceland, Iceland
 210 99 Geisinger Research, Biomedical and Translational Informatics Institute, Rockville, USA
 211 100 Department of Clinical Physiology, Tampere University Hospital, Tampere, Finland
 212 101 Department of Clinical Physiology, Finnish Cardiovascular Research Center - Tampere, Faculty of
 213 Medicine and Health Technology, Tampere University, Tampere, Finland
 214 102 Kyoto-McGill International Collaborative School in Genomic Medicine, Kyoto University Graduate
 215 School of Medicine, Kyoto, Japan
 216 103 Department of Biomedical Informatics, Harvard Medical School, Boston, USA
 217 104 Deutsches Herzzentrum München, Technische Universität München, Munich, Germany
 218 105 DZHK (German Centre for Cardiovascular Research), Partner Site Munich Heart Alliance, Munich,
 219 Germany
 220 106 Institute of Epidemiology and Biostatistics, University of Ulm, Ulm, Germany
 221 107 National Heart and Lung Institute, Imperial College London, London W12 0NN, UK
 222 108 Integrated Research and Treatment Centre Adiposity Diseases, University of Leipzig, Leipzig,
 223 Germany
 224 109 Division of Genetic Epidemiology, Department of Medical Genetics, Molecular and Clinical
 225 Pharmacology, Medical University of Innsbruck, Innsbruck, Austria
 226 110 RIKEN Centre for Integrative Medical Sciences (IMS), Yokohama (Kanagawa), Japan
 227 111 Division of Biomedical Informatics and Personalized Medicine, School of Medicine, University of
 228 Colorado Denver - Anschutz Medical Campus, Aurora (Colorado), USA
 229 112 Department of Clinical Chemistry, Fimlab Laboratories, Tampere, Finland
 230 113 Department of Clinical Chemistry, Finnish Cardiovascular Research Center - Tampere, Faculty of
 231 Medicine and Life Sciences, Tampere University, Tampere, Finland
 232 114 Lifelines Cohort Study, Groningen, the Netherlands

233 115 The Mindich Child Health and Development Institute, Icahn School of Medicine at Mount Sinai, New
 234 York, New York, USA
 235 116 Wellcome Trust Centre for Human Genetics, University of Oxford, Oxford, UK
 236 117 Oxford Centre for Diabetes, Endocrinology and Metabolism, University of Oxford, UK
 237 118 Synlab Academy, Synlab Holding Deutschland GmbH, Mannheim, Germany
 238 119 Clinical Institute of Medical and Chemical Laboratory Diagnostics, Medical University of Graz,
 239 Austria
 240 120 Laboratory of Clinical Genome Sequencing, Graduate School of Frontier Sciences, The University of
 241 Tokyo, Tokyo, Japan
 242 121 Independent Research Group Clinical Epidemiology, Helmholtz Zentrum München, German
 243 Research Centre for Environmental Health, Neuherberg, Germany
 244 122 Chair of Epidemiology Ludwig- Maximilians-Universität München at UNIKA-T Augsburg, Augsburg,
 245 Germany
 246 123 Institute of Human Genetics, Helmholtz Zentrum München, Neuherberg, Germany
 247 124 Institute of Human Genetics, Technische Universität München, Munich, Germany
 248 125 Department of Psychiatry, Amsterdam Neuroscience and Amsterdam Public Health Research
 249 Institute, Amsterdam University Medical Centers, Amsterdam, The Netherlands
 250 126 Department of Veterans Affairs, Office of Research and Development, Washington, DC, USA
 251 127 VA Boston Healthcare System, Boston, MA, USA
 252 128 Department of Medicine, Brigham and Women's Hospital, Harvard Medical School, Boston, MA, USA
 253 129 Vanderbilt University Medical Centre, Division of Nephrology & Hypertension, Nashville, TN, USA
 254 130 Massachusetts Veterans Epidemiology Research and Information Center, VA Cooperative Studies
 255 Program, VA Boston Healthcare System, Boston (Massachusetts), USA
 256 131 Department of Clinical Chemistry, Finnish Cardiovascular Research Center - Tampere, Faculty of
 257 Medicine and Life Sciences, University of Tampere, Tampere, Finland
 258 132 Department of Genetics, University of North Carolina, Chapel Hill (North Carolina), USA
 259 133 University of Queensland, St Lucia, Australia
 260 134 Department of Public Health and Primary Care, Leiden University Medical Centre, Leiden, The
 261 Netherlands
 262 135 Institute of Genetic Epidemiology, Helmholtz Zentrum München - German Research Centre for
 263 Environmental Health, Neuherberg, Germany
 264 136 Chair of Genetic Epidemiology, IBE, Faculty of Medicine, LMU Munich, Germany
 265 137 Department of Internal Medicine I (Cardiology), Hospital of the Ludwig-Maximilians-University
 266 (LMU) Munich, Munich, Germany
 267 138 Division of Nephrology, Department of Medicine, Icahn School of Medicine at Mount Sinai, New
 268 York, New York, USA
 269 139 Laboratory of Neurogenetics, National Institute on Aging, National Institutes of Health, Bethesda,
 270 Maryland, USA
 271 140 Data Tecnica International, Glen Echo, Maryland, USA
 272 141 Institute of Clinical Chemistry and Laboratory Medicine, University Medicine Greifswald, Greifswald,
 273 Germany
 274 142 Department of Cardiology, Heart Center, Tampere University Hospital, Tampere, Finland
 275 143 Department of Cardiology, Finnish Cardiovascular Research Center - Tampere, Faculty of Medicine
 276 and Life Sciences, Tampere University, Tampere, Finland
 277 144 Department of Biostatistics, Boston University School of Public Health, Boston (Massachusetts), USA
 278 145 Section of Gerontology and Geriatrics, Department of Internal Medicine, Leiden University Medical
 279 Centre, Leiden, The Netherlands

280 146 University of Maryland School of Medicine, Baltimore, USA
 281 147 Department of Clinical Biochemistry, Landspítali University Hospital, Reykjavik, Iceland
 282 148 Institute of Cardiovascular and Medical Sciences, University of Glasgow, Glasgow, UK
 283 149 Department of Medicine, Geriatrics Section, Boston Medical Center, Boston University School of
 284 Medicine, Boston (Massachusetts), USA
 285 150 Institute of Genetic and Biomedical Research, National Research Council of Italy, UOS of Sassari, Li
 286 Punti (Sassari), Italy
 287 151 Department of Psychiatry, University Hospital of Lausanne, Lausanne, Switzerland
 288 152 Faculty of Medicine, University of Split, Split, Croatia
 289 153 Gen-info Ltd, Zagreb, Croatia
 290 154 Service de Néphrologie, Geneva University Hospitals, Geneva, Switzerland
 291 155 Nephrology Service, Department of Specialties in Internal Medicine, University Hospitals of Geneva,
 292 Switzerland
 293 156 Centre for Cognitive Ageing and Cognitive Epidemiology, University of Edinburgh, Edinburgh, UK
 294 157 Einthoven Laboratory of Experimental Vascular Research, Leiden University Medical Centre, Leiden,
 295 The Netherlands
 296 158 Department of Clinical Physiology and Nuclear Medicine, Turku University Hospital, Turku, Finland
 297 159 Research Centre of Applied and Preventive Cardiovascular Medicine, University of Turku, Turku,
 298 Finland
 299 160 Institute of Physiology, University Medicine Greifswald, Karlsburg, Germany
 300 161 Department of Health Sciences, University of Milan, Milano, Italy
 301 162 ePhood Scientific Unit, ePhood SRL, Milano, Italy
 302 163 Centre for Cardiovascular Prevention, First Faculty of Medicine, Department of Medicine, Charles
 303 University in Prague, Prague, Czech Republic
 304 164 Thomayer Hospital, Prague, Czech Republic
 305 165 Division of Endocrinology, Diabetes and Nutrition, University of Maryland School of Medicine,
 306 Baltimore, USA
 307 166 Molecular Biology and Biochemistry, Gottfried Schatz Research Centre for Cell Signaling,
 308 Metabolism and Aging, Medical University of Graz, Graz, Austria
 309 167 Neuroalgology Unit, Fondazione IRCCS Istituto Neurologico Carlo Besta, Milan, Italy
 310 168 Institute of Molecular Biology and Biochemistry, Centre for Molecular Medicine, Medical University
 311 of Graz, Graz, Austria
 312 169 Division of Population Health and Genomics, Ninewells Hospital and Medical School, University of
 313 Dundee, Dundee, UK
 314 170 Division of Endocrinology, Nephrology and Rheumatology, University of Leipzig, Leipzig, Germany
 315 171 Heart Centre Leipzig, Leipzig, Germany
 316 172 Department of Endocrinology and Nephrology, University of Leipzig, Leipzig, Germany
 317 173 CRCHUM, Montreal, Canada
 318 174 Department of Internal Medicine, Erasmus MC, University Medical Center Rotterdam, Rotterdam,
 319 The Netherlands
 320 175 Department of Cardiology, University of Groningen, University Medical Center Groningen,
 321 Groningen, The Netherlands
 322 176 Department of Genetics, University of Groningen, University Medical Center Groningen, Groningen,
 323 The Netherlands
 324 177 Durrer Centre for Cardiovascular Research, The Netherlands Heart Institute, Utrecht, The
 325 Netherlands

326 178 Interfaculty Institute for Genetics and Functional Genomics, University Medicine Greifswald,
 327 Greifswald, Germany
 328 179 Internal Medicine, Department of Medicine, Lausanne University Hospital, Lausanne, Switzerland
 329 180 Centre for Population Health Sciences, Usher Institute of Population Health Sciences and
 330 Informatics, University of Edinburgh, Edinburgh, UK
 331 181 Department of Physiology and Biophysics, University of Mississippi Medical Centre, Jackson
 332 (Mississippi), USA
 333 182 Geisinger Research, Biomedical and Translational Informatics Institute, Danville, Pennsylvania, USA
 334 183 Kidney Health Research Institute (KHRI), Geisinger, Danville, Pennsylvania, USA
 335 184 Department of Nephrology, Geisinger, Danville, Pennsylvania, USA
 336 185 Division of Kidney, Urologic and Hematologic Diseases, National Institute of Diabetes and Digestive
 337 and Kidney Diseases, National Institutes of Health, Bethesda, USA
 338 186 Department of Medicine, University of Maryland School of Medicine, Baltimore, USA
 339 187 Cardiovascular Health Research Unit, Department of Medicine, Department of Epidemiology,
 340 Department of Health Service, University of Washington, Seattle, Washington, USA
 341 188 Kaiser Permanente Washington Health Research Institute, Seattle, Washington, USA
 342 189 Department of Nephrology and Rheumatology, Kliniken Südostbayern AG, Regensburg, Germany
 343 190 Department of Public Health and Primary Care, University of Cambridge, Cambridge, UK
 344 191 Laboratory for Statistical Analysis, RIKEN Centre for Integrative Medical Sciences (IMS), Osaka, Japan
 345 192 Department of Statistical Genetics, Osaka University Graduate School of Medicine, Osaka, Japan
 346 193 Division of Epidemiology, Department of Medicine, Vanderbilt Genetics Institute, Vanderbilt
 347 University Medical Centre, Nashville, TN, USA
 348 194 Department of Veterans Affairs, Tennessee Valley Healthcare System (626)/Vanderbilt University,
 349 Nashville, TN, USA
 350
 351
 352
 353
 354

Abstract

Elevated serum urate levels cause gout, and correlate with cardio-metabolic diseases via poorly understood mechanisms. We performed a trans-ethnic genome-wide association study of serum urate among 457,690 individuals, identifying 183 loci (147 novel) that improve prediction of gout in an independent cohort of 334,880 individuals. Serum urate showed significant genetic correlations with many cardio-metabolic traits, with genetic causality analyses supporting a substantial role for pleiotropy. Enrichment analysis, fine-mapping of urate-associated loci and co-localization with gene expression in 47 tissues implicated kidney and liver as main target organs and prioritized potentially causal genes and variants, including the transcriptional master regulators in liver and kidney, *HNF1A* and *HNF4A*. Experimental validation showed that *HNF4A* trans-activated the promoter of the major urate transporter *ABCG2* in kidney cells, and that *HNF4A* p.Thr139Ile is a functional variant. Transcriptional co-regulation within and across organs may be a general mechanism underlying the observed pleiotropy between urate and cardio-metabolic traits.

Introduction

Serum urate levels reflect a balance between uric acid production and its net excretion via kidney and intestine. Elevated serum urate levels define hyperuricemia, which is associated with components of the metabolic syndrome as well as with cardiovascular and kidney disease. Hyperuricemia can cause kidney stones and gout, the most common form of inflammatory arthritis^{1,2}. Gout attacks are a highly painful inflammatory response to the deposition of urate crystals, and are a significant cause of morbidity, emergency room visits and related health care costs³. Although gout has become a major public health issue, it is undertreated due to low awareness, poor patient adherence⁴ and inappropriate prescription practices of the most commonly used drug, allopurinol⁵. A better understanding of the mechanisms controlling serum urate levels may not only help to develop novel medications to treat and prevent gout, but also provide insights into regulatory mechanisms shared with urate-associated cardio-metabolic risk factors and diseases.

Genetic heritability of serum urate varies between 30% and 60% in diverse populations⁶⁻¹¹. Candidate gene and early genome-wide associations studies (GWAS) have identified three genes as major determinants of urate levels: *SLC2A9*, *ABCG2*, and *SLC22A12*^{7,12-18}. While *SLC2A9* and *ABCG2* harbor common variants of relatively large effect¹⁹, *SLC22A12* contains many rare or low-frequency variants associated with lower serum urate levels²⁰. The largest GWAS meta-analyses performed to date identified 28 associated genomic loci among European ancestry (EA) individuals²¹ and 27 among Japanese individuals²². Many genes in the associated loci encode urate transporters or their regulators in kidney and gut, while others are relevant to glucose and lipid metabolism, central functions of the liver, where uric acid is generated. Earlier GWAS did not perform fine-mapping coupled to functional annotation or co-localization with gene expression across tissues to prioritize target tissues, pathways, and potentially causal genes and variants. These approaches have only recently become available owing to increased public availability of large datasets^{23,24}.

Here, we perform a trans-ethnic GWAS meta-analysis of serum urate among 457,690 individuals and identify 183 associated genetic loci that improve risk prediction of gout in an independent sample of 334,880 individuals from the UK Biobank. We evaluate the genetic correlation of serum urate with hundreds of cardio-metabolic traits and diseases, and use a recently developed latent causal variable model to examine the contribution of causality versus pleiotropy. We prioritize target variants, genes, tissues and pathways that contribute to the complex regulation of urate levels through comprehensive data integration. To validate the prioritization workflow, we conduct proof-of-principle experimental studies showing that HNF4A, a transcriptional master regulator in liver and kidney proximal tubule, can regulate transcription of the major urate transporter ABCG2 in kidney cells and that the fine-mapped *HNF4A* variant p.Thr139Ile is functional. Transcriptional co-regulation of processes linked to energy metabolism within and across organs may underlie the pleiotropy we uncovered between urate levels and numerous cardio-metabolic traits.

Results

Meta-analyses and characterization of serum urate-associated loci

Overview

Trans-ethnic meta-analyses were conducted to maximize the sample size for studying the genetic landscape of serum urate. EA-specific analyses were used where population-specific linkage disequilibrium (LD) was required for prioritizing urate-associated genes, tissues, and pathways, identifying genetic correlations with other traits, and to perform gout risk prediction (Supplementary Figure 1).

Trans-ethnic meta-analysis identifies 183 loci associated with serum urate

The primary trans-ethnic GWAS meta-analysis included 457,690 individuals (EA, n=288,649; East Asian ancestry [EAS], n=125,725; African Americans [AA], n=33,671; South Asian ancestry [SA], n=9,037; and Hispanics [HIS], n=608) from 74 studies, with mean urate levels ranging from 4.2 to 7.2 mg/dl (Supplementary Table 1). GWAS were performed based on genotypes imputed

using the 1000 Genomes Project or Haplotype Reference Consortium reference panels (Methods, **Supplementary Table 2**). Following standardized study-specific quality control and variant filtering procedures, we combined results through inverse-variance weighted fixed effect meta-analysis. There was no evidence of inflation due to unmodeled population structure (LD score regression intercept=1.01; genomic inflation factor λ_{GC} =1.04). Post-meta-analysis variant filtering left 8,249,849 high-quality SNPs for downstream analyses (Methods).

We identified 183 loci, defined as the +/-500 kb region around the SNP with the lowest p-value (index SNP), that contained at least one SNP associated at genome-wide significance ($p \leq 5 \times 10^{-8}$, **Figure 1, Supplementary Table 3**). Of these, 36 contained a SNP reported as the index SNP in previous GWAS of serum urate^{13,15,17,18,21,22,25,26}, and 147 were considered novel (**Figure 1**). Absolute effect estimates of each copy of the respective index SNP on serum urate ranged from 0.28 mg/dl (known *SLC2A9* locus) to 0.017 mg/dl (novel *KLB* locus). The average absolute effect across all index SNPs was of 0.038 mg/dl (standard deviation [SD] 0.033). Regional association plots for all 183 loci are shown in **Supplementary Figure 2**.

The index SNPs at all 183 loci explained an estimated 7.7% of the serum urate variance (Methods), as compared to 5.3% of the variance explained by variants previously reported by GWAS in EA populations²¹. In a large participating general population-based pedigree study, the 183 index SNPs explained 17% of serum urate genetic heritability (h^2 =37%, 95% credible interval: 29%, 45%). The index SNPs at the three major urate loci *SLC2A9*, *ABCG2* and *SLC22A12* explained 5% of the genetic heritability (**Supplementary Figure 3**; Methods).

Characterization of ancestry-related heterogeneity

For the 183 index SNPs, we observed no evidence of systematic between-study heterogeneity (median I^2 =2%, interquartile range 0-14%; **Supplementary Table 3**). Fourteen index SNPs showed significant evidence of ancestry-associated heterogeneity ($p_{\text{anc-het}} < 2.7 \times 10^{-4} = 0.05/183$) when tested using meta-regression (**Supplementary Figure 4**, Methods), consistent with their higher measures of between-study heterogeneity ($I^2 > 25\%$, **Figure 1, Supplementary Table 3**). The most significant ancestry-associated heterogeneity was observed for the index SNP rs3775947 at *SLC2A9* ($p_{\text{anc-het}} = 1.5 \times 10^{-127}$, effect per copy of the coded allele in EA 0.34 mg/dl, AA

0.26 mg/dl, EAS 0.17 mg/dl, HIS 0.41 mg/dl, and SA 0.21 mg/dl), consistent with previous reports of population heterogeneity of genetic effects at this locus²⁷. In addition, nine genome-wide significant loci were identified through meta-regression that did not overlap with the 183 significant loci from the primary trans-ethnic fixed-effects meta-analysis. Of these, the index SNPs at *SLC2A2* and *KCNQ1* were genome-wide significant in EAS (**Supplementary Table 4**). Results from ancestry-specific meta-analyses of EA, AA, EAS and SA are summarized in **Supplementary Tables 5 to 8**, respectively, as well as in the **Supplementary Information**.

Sex-stratified meta-analyses of serum urate GWAS

Mean serum urate levels and gout risk are higher in men than in women²⁸. We therefore performed secondary sex-specific analyses to evaluate whether the 183 urate-associated index SNPs showed sex-specific differences. After multiple-testing correction, six SNPs showed significant effect differences ($P_{\text{diff}} < 2.7 \times 10^{-4} = 0.05/183$), at *SLC2A9*, *ABCG2*, *CAPN1*, *GCKR*, *IDH2*, and *SLC22A12* (**Supplementary Table 9**). A genome-wide test for differences in genetic effects on urate levels between men and women identified only SNPs at *SLC2A9* and *ABCG2* as significant ($p_{\text{diff}} < 5 \times 10^{-8}$, Methods, **Supplementary Figure 5**), consistent with previous reports,^{7,14,15,21} with few additional loci outside of the extended sex-specific regions that were suggestive of sex differences ($p_{\text{diff}} < 1 \times 10^{-5}$, **Supplementary Table 10**).

Epidemiological and clinical landscape

Urate-associated SNPs are associated with gout

To assess the association of the 183 trans-ethnic urate index SNPs with gout, we investigated their effects in a trans-ethnic meta-analysis of gout from 20 studies, based on 763,813 participants including 13,179 with gout (Methods, **Figure 1, Supplementary Table 1**). Consistent with the causal role of hyperuricemia in gout, genetic effects were highly correlated (Spearman correlation coefficient 0.87, **Supplementary Figure 6A**); 55 SNPs were significantly associated with gout ($p < 2.7 \times 10^{-4} = 0.05/183$). In agreement with previous findings²⁹, the largest odds ratio (OR) for gout was observed at *ABCG2* (rs74904971, OR 2.04, 95% confidence interval [CI] 1.96-

2.12, $P=7.7 \times 10^{-299}$). The genetic effects were generally higher among index SNPs with lower minor allele frequency (MAF), with the exception of a few large-effect SNPs with $MAF > 10\%$, mapping into loci that encode urate transporters with known major effects on urate levels: *SLC2A9*, *ABCG2*, and *SLC22A12*³⁰ (**Supplementary Figure 6B**).

A genetic risk score for urate improves risk prediction for gout

We evaluated whether a weighted urate genetic risk score (GRS) improved risk prediction of gout when added to demographic information in a large, independent sample of 334,880 individuals from the UK Biobank (UKBB), including 4,908 gout cases (Methods). Across categories of the urate GRS, gout prevalence increased from 0.1% in the lowest GRS category to 12.9% in the highest GRS category (**Figure 2A, Supplementary Table 11**). Using the most common GRS category as the reference, the age- and sex-adjusted OR of gout ranged from 0.09 (95% CI 0.02-0.37, $p=7.8 \times 10^{-4}$) in the lowest GRS category to 13.6 (95% CI 7.2-25.7, $p=1.4 \times 10^{-15}$) in the highest GRS category (**Figure 2B, Supplementary Table 11**). Of note, the 3.5% of individuals in the three highest GRS categories had a >3-fold increase in the risk of gout compared to individuals in the most common GRS category. This risk is comparable to a monogenic disease of modest effect size³¹, but affects a comparatively higher proportion of the population.

We additionally constructed gout risk prediction models in the independent UK Biobank sample by regressing gout status on the GRS alone (“genetic model”), on age and sex (“demographic model”), and on the GRS, age, and sex (“combined model”) in a random training subset consisting of 90% of the individuals. These models were then used to predict gout status in the remaining 10%. The genetic model (area under the receiver operating characteristic curve [AUC]=0.68) was a weaker predictor than the demographic model (AUC=0.79), but addition of the GRS to the demographic model (combined model) significantly increased the prediction accuracy (AUC=0.84, DeLong’s test $p < 2.2 \times 10^{-16}$; **Figure 2C**). The combined model achieved a sensitivity of 84% and specificity of 68% (Methods). The GRS represents a life-long predisposition to higher urate levels and can be calculated at birth without measurement of

serum urate. As opposed to synovial fluid analysis or CT-based imaging to diagnose gout, the GRS is less invasive and avoids radiation exposure. Thus, the GRS may have utility to identify individuals with a high genetic predisposition for gout, allowing for compensatory lifestyle choices to be made earlier in life to reduce the risk of developing gout.

High genetic correlations of serum urate with cardio-metabolic traits

Serum urate is positively correlated with many cardio-metabolic risk factors and diseases³². We assessed genetic correlations between serum urate and 748 complex traits using cross-trait LD score regression (Methods). Serum urate levels were significantly ($p < 6.6 \times 10^{-5} = 0.05/748$) genetically correlated with 214 complex traits and diseases (**Supplementary Table 12**). The highest positive genetic correlation (r_g) was with gout ($r_g = 0.92$, $p = 3.3 \times 10^{-70}$), followed by traits representing components of the metabolic syndrome such as HOMA-IR ($r_g = 0.49$) and fasting insulin ($r_g = 0.45$). Significant positive genetic correlations were also observed for other cardio-metabolic traits or diseases, including waist circumference, obesity, and type 2 diabetes (**Figure 3**). The largest negative correlations were observed with HDL cholesterol-related measurements (r_g up to -0.46), and with estimated glomerular filtration rate ($r_g = -0.38$ and -0.26 for cystatin C-based and creatinine-based eGFR, respectively), consistent with the known role of the kidneys in urate excretion. Overall, the genetic correlations between serum urate and other complex traits and diseases were consistent with observational associations of serum urate levels with cardio-metabolic traits in epidemiological studies³².

To examine whether these genetic correlations reflect causal relationships or pleiotropy, we applied a recently-developed latent causal variable model to estimate the genetic causality proportion (GCP) for seven commonly-studied cardio-metabolic traits (Methods). As a positive control, we analyzed gout, confirming a genetically causal effect of urate on gout (GCP=0.79, **Supplementary Table 13**). Conversely, we identified a range of GCP values consistent with mostly or partially genetically causal effects of the seven cardio-metabolic traits on serum urate levels. The highest GCP estimates were observed for adiposity-related traits (e.g. GCP=0.84 for waist circumference, **Supplementary Table 13**), consistent with higher cell numbers resulting in

higher production of purines and consequently urate, as well as with a Mendelian Randomization study that reported a causal effect of adiposity on urate levels.³³ HDL cholesterol levels, on the other hand, showed smaller GCP estimates ($GCP < 0.5$; **Supplementary Table 13**), suggesting the existence of a genetic process with a causal effect on both HDL cholesterol and urate. A potential explanation for such a process are co-regulated metabolic processes in the liver that influence both cholesterol and urate levels. These processes may explain a large fraction of heritability for cholesterol levels and a modest fraction of heritability for urate, a type of asymmetry expected to produce a partially genetically causal relationship consistent with the one observed.

Identification of enriched tissues and pathways

To identify molecular mechanisms and tissues relevant for urate metabolism and handling, and to provide potential clues to the observed genetic correlation with other traits and diseases, we investigated which tissues, cell types and systems may be significantly enriched for the expression of genes mapping into the urate-associated loci. Based on all SNPs with $P < 1 \times 10^{-5}$ (Methods), we identified significant enrichment (false discovery rate [FDR] < 0.01) for 19 physiological system entries, three tissues, and two cell types (**Supplementary Table 14**). The strongest enrichment was observed for kidney ($P = 9.5 \times 10^{-9}$) and urinary tract ($P = 9.9 \times 10^{-9}$), both within the urogenital system, consistent with the kidney's prominent role in controlling serum urate concentrations. Additional significant enrichments were observed in the endocrine and digestive system, including liver, the major site of urate production. Interestingly, a novel significant enrichment was also observed in the musculoskeletal system, specifically for synovial membrane, joint capsule, and joints (**Figure 4A**), the sites of gout attacks.

We next tested for cell-type groups with evidence for enriched heritability based on cell-type specific functional genomic elements using stratified LD score regression (Methods). The strongest heritability enrichment was observed for kidney (11.5-fold), followed by liver (5.39-fold; **Supplementary Table 15**). This approach complemented the gene expression-based approach and also supported kidney and liver as the major organs of urate homeostasis.

565 Lastly, we tested whether any gene sets were enriched for variants associated with
566 urate at $P < 10^{-5}$ (Methods). Significant enrichment (FDR < 0.01) was observed for 383
567 reconstituted gene sets (**Supplementary Table 16**). Since many of these contained overlapping
568 groups of genes, we used affinity propagation clustering to identify 57 meta gene sets
569 (Methods, **Supplementary Table 17**), including a prominent group of inter-correlated gene sets
570 related to kidney and liver development, morphology and function (**Figure 4B**). Together, these
571 analyses underscore the prominent role of the kidney and liver in regulating serum urate levels
572 and implicate the kidney as a major target organ for lowering of serum urate levels.

574 **Prioritization of urate loci based on statistical fine-mapping, functional annotation, and gene** 575 **expression**

576 To prioritize target SNPs and genes for translational research, we established a workflow that
577 combined fine-mapping of urate-associated loci with functional annotation and a systematic
578 evaluation of tissue-specific differential gene expression.

579 *Statistical fine-mapping prioritizes candidate SNPs*

580 To identify independent and potentially causal variants, statistical fine-mapping was performed
581 starting from the 123 genome-wide significant loci identified in the EA-specific meta-analysis,
582 because the workflow included methods that used LD estimates from an ancestry-matched
583 reference panel (Methods)³⁴. After combining the 123 loci into 99 larger genomic regions based
584 on LD between index SNPs, stepwise model selection in each region identified 114 independent
585 SNPs ($r^2 < 0.01$, Methods). Overall, 87 regions contained one independent signal, ten contained
586 two independent SNPs, the *ABCG2* locus contained three and the *SLC2A9* locus four
587 independent SNPs (**Supplementary Table 18**). For each of these 114 independent SNPs, we
588 computed 99% credible sets representing the smallest set of SNPs which collectively account
589 for 99% posterior probability of containing the variant(s) driving the association signal³⁵. The
590 99% credible sets contained a median of 16 SNPs (Q1, Q3: 6, 57), and six of them only a single
591 SNP, mapping in or near *INSR*, *RBM8A*, *MPPED2*, *HNF4A*, *CPT1C*, and *SLC2A9* (**Supplementary**
592 **Table 18**). Among 28 small credible sets (≤ 5 SNPs), several mapped in or near genes with an

established role in regulating urate levels such as *SLC2A9*, *PDZK1*, *ABCG2*, *SLC22A11*, and *SLC16A9*²⁰. These credible sets contain the most supported candidate SNPs based on the serum urate association signals and would greatly reduce the number of candidate functional variants to be tested in experimental follow-up studies.

To further refine the credible set SNPs, we annotated them with respect to their functional consequence and regulatory potential (Methods). Missense SNPs with posterior probabilities >50% for driving the association signals or mapping into small credible sets were identified in *ABCG2*, *UNC5CL*, *HNF1A*, *HNF4A*, *CPS1*, and *GCKR* (**Supplementary Table 19, Figure 5A**). All missense SNPs except the one in *GCKR* had a CADD score >15, supporting the SNP and the gene it resides in as potentially causal. Indeed, functional effects have already been demonstrated experimentally for variants rs2231142 (Gln141Lys, $r^2=1$ to the index SNP rs74904971) in *ABCG2*, rs742493 (p.Arg432Gly) in *UNC5CL*, and rs1260326 (p.Leu446Pro) in *GCKR* (**Table 1**). Non-exonic variants with posterior probabilities of >90% and mapping into open chromatin in enriched tissues were identified in *RBM8A*, *SLC2A9*, *INSR*, *HNF4A*, *PDZK1*, *NRG4*, *UNC5CL*, and *AAK1* (Methods, **Supplementary Figure 7, Supplementary Table 19**). When complemented by evidence of gene expression co-localization, these SNPs may represent causal regulatory variants and highlight their potential effector genes.

Gene prioritization via gene expression co-localization analyses

To systematically assess differential gene expression, we tested for co-localization of the urate association signals with expression quantitative trait loci (eQTL) in *cis* across three kidney tissue resources and 44 GTEx tissues (Methods). High posterior probability of co-localization ($H4 \geq 0.8$, Methods) supports a trait-associated variant acting through modulation of gene expression in the tissue where co-localization is identified. The eQTLs from the three kidney tissue resources were based on glomerular and tubulo-interstitial portions of micro-dissected kidney biopsies from 187 CKD patients and healthy kidney tissue sections of 96 additional individuals (Methods). We identified co-localization with the expression of 13 genes in at least one kidney tissue (**Figure 6**), the tissue with the strongest enrichment for urate-associated variants. Whereas co-localization of some genes was only observed in kidney (*SLC17A4*, *BICC1*, *UMOD*,

GALNTL5, *NCOA7*), other genes showed co-localization across several tissues (e.g., *ARL6IP5*). The direction of change in gene expression with higher urate levels could vary for the same gene across tissues. For instance, the allele associated with higher serum urate at the *SLC16A9* locus was associated with higher gene expression in kidney, consistent with a regulatory variant in a transporter mediating the reabsorption of urate. The same allele was associated with lower gene expression in other tissues such as aorta, pointing towards tissue-specific regulatory mechanisms³⁶. Details on each of the 13 genes with high posterior probability of a variant underlying the associations with both urate and gene expression in kidney are summarized in **Supplementary Table 20**. Significant co-localizations identified across all 47 tissues (**Supplementary Figure 8**) revealed additional novel insights such as co-localization of the urate association signal with *NFAT5* expression in subcutaneous adipose tissue emphasizing its role in adipogenesis³⁷, or *PDZK1* expression in colon and ileum, important sites of urate excretion.

Lastly, we investigated whether any trans-ethnic index SNPs or their proxies ($r^2 > 0.8$) were reproducibly associated with gene expression in *trans* in whole blood or peripheral blood mononuclear cell in several large eQTL studies (**Supplementary Table 21**, Supplementary Information). We identified inter-chromosomal associations between five index SNPs and 16 transcripts, that were enriched in the term “cardiovascular disease” based on the Human Disease Ontology database (**Supplementary Information, Supplementary Table 22**).

***HNF4A* activates *ABCG2* transcription and *HNF4A* p.Thr139Ile is a functional variant**

The gene and variant prioritization workflow was validated using the identified candidates *HNF1A* and *HNF4A*. Co-regulation of target genes by these master regulators of transcription in kidney proximal tubule cells and liver could potentially explain observed genetic correlations³⁸.

We first tested whether *HNF1A* and *HNF4A* have the potential to affect transcription of the *ABCG2* gene, which encodes for a urate transporter of major importance in humans and represented the locus with the highest risk for gout in our screen. *ABCG2* contains several predicted *HNF1A* and *HNF4A* binding sites in its promoter region (**Figure 5B**). A luciferase reporter assay in the human embryonic kidney cell line HEK 293 was used to assess

transactivation of the human *ABCG2* promoter by HNF4A and HNF1A proteins (Methods, **Supplementary Figure 9A**). Co-expression of HNF4A significantly increased the *ABCG2* promoter-driven luciferase activity, and the activation was dependent on the transfected *HNF4A* expression vector dose and corresponding levels of HNF4A protein (**Figure 5C**, **Supplementary Figure 9B**). As expected, no increase of luciferase activity occurred with the pGL4 vector without the *ABCG2* promoter that was used as a negative control (**Supplementary Figure 9D and 9E**). Results for HNF1A indicated that the observed association of this locus with serum urate is unlikely to occur via activation of *ABCG2* in kidney cells (**Figure 5C**), but *HNF1A* has been reported to activate transcription of *PDZK1*, a regulatory protein for several other renal urate transporters^{39,40} and also identified in this study.

Next, we tested the functional relevance of the prioritized missense p.Thr139Ile allele in HNF4A (NM_178849.2, isoform 1, Methods). Its location within the hinge/ DNA binding domain (**Figure 5D**, **Supplementary Figure 9F**) supports potentially altered interactions with targeted promoter regions. The isoleucine to threonine substitution at position 139 significantly increased the transactivation of the *ABCG2* promoter and commensurate luciferase activity as compared to the wild-type threonine (**Figure 5E**), without altering HNF4A protein abundance (**Supplementary Figures 9C**). Thus, HNF4A can activate *ABCG2* transcription in a kidney cell line, and HNF4A p.Thr139Ile is a functional variant. Increased activation of the urate excretory protein *ABCG2* by the allele encoding the isoleucine residue should result in lower serum urate levels, consistent with the observed negative association in our GWAS.

Discussion

This large trans-ethnic GWAS meta-analysis of serum urate levels based on 457,690 individuals represents a four-fold increase in sample size over previous studies^{21,22,41} and resulted in the identification of 183 urate-associated loci, 147 of which are novel. A genetic urate risk score led to significant improvements of gout risk prediction among 334,880 independent persons, 3.5% of whom had a risk of gout comparable to a Mendelian disease effect size. Genetic correlation

and causality analyses confirmed the causal effect of urate on gout, and were consistent with transcriptional co-regulation as a source of pleiotropy in the widespread genetic correlations between serum urate and cardio-metabolic traits. Tissue and cell type-specific enrichment analyses supported kidney and liver, the sites of urate excretion and generation, as key target tissues. Comprehensive fine-mapping and co-localization analyses with gene expression across 47 tissues delivered an extensive list of target genes and SNPs for follow-up studies, of which we experimentally confirmed *HNF4A* p.Thr139Ile as a functional allele involved in transcriptional regulation of urate homeostasis.

Major challenges of GWAS are to pinpoint causal genes and variants, and to provide actionable insights into disease-relevant mechanisms and pathways in order to improve disease treatment and prevention. This study developed a comprehensive resource of candidate SNPs, genes, tissues and pathways involved in urate metabolism that will enable a wide range of follow-up studies such as our proof-of-principle validation study. Out of the many novel and biologically plausible findings, we highlight three instances in which co-localization of the serum urate and tissue-specific gene expression signals provides new insights into urate metabolism and the prominent role of the renal proximal tubules. First, co-localization helped to prioritize genes in association peaks that previous GWAS could not resolve. For example, the association signal at chromosome 6p22.2 contains the genes encoding four members of the SLC17 transporter family (*SLC17A1*, *SLC17A2*, *SLC17A3*, and *SLC17A4*). Systematic testing of co-localization across genes and tissues supported a variant underlying the urate association signal and differential gene expression only for *SLC17A4* in kidney, with higher expression associated with higher serum urate. Previous experimental studies have implicated *SLC17A4* as a urate exporter in intestine⁴², and our data support its yet unappreciated role in urate transport in the human kidney. Second, co-localization with gene expression provided insights into transport processes of the proximal tubule, the major site of urate reabsorption and excretion. For example, the gene product of the candidate *ARL6IP5* has been shown to modulate activity of the glutamate transporter *SLC1A1*^{43,44}, dysfunction of which causes aminoaciduria⁴⁵; and deletion of the candidate *NCOA7* in mice results in distal renal tubular acidosis⁴⁶. Third, it is noteworthy that co-localization of the urate association signal was observed with differential

expression of *MUC1*, *BICC1* and *UMOD* in kidney. Rare mutations in all three genes are known to cause monogenic cystic kidney diseases⁴⁷⁻⁴⁹, pointing towards a shared mechanism with respect to their association with urate.

Another noteworthy finding from this well-powered study was the significant genetic correlations with many cardio-metabolic traits, with directions matching expectation from known observational associations⁵⁰. Many of these traits, like lipid levels and urate, are influenced by liver metabolism. We estimated the genetic causality proportion for these traits, showing that their genetic correlations are partly driven by overlapping or co-regulated metabolic pathways in the liver and not only by a fully causal effect of cholesterol or insulin levels on urate. Likewise, significant genetic correlations with kidney-related traits such as eGFR may reflect shared regulation of processes in the kidney, the major site of urate excretion. Evidence for transcriptional co-regulation, beyond the known importance of *HNF1A* and *HNF4A* in liver and kidney, is supported by the identification of additional urate loci such as *MLXIPL*, *TCF7L2* and *KLF10* that share associations with other metabolic and/or kidney function traits. The observed pleiotropic effects of many urate-associated variants could thus be the potential manifestation of co-regulation of processes that occur within and across tissues relevant to the implicated traits, a mechanism likely to be prevailing in metabolic, but also other traits.

In the kidney, nuclear *HNF4A* is exclusively detected in epithelial cells of the proximal tubule⁵¹, where it has been reported to regulate the expression of *SLC2A9* isoform 1⁵² and *PDZK1*⁵³. Kidney-specific deletion of *HNF4A* in mice phenocopies Fanconi renotubular syndrome⁵⁴. Detailed kidney tissues transcriptomic analyses support *HNF4A* to drive a proximal tubule signature cluster of 221 co-expressed genes, including many candidate genes for urate metabolism and transport⁵¹. In addition to *HNF4A*, *HNF4G*, and *HNF1A*, ten genes in this cluster of co-expressed genes also map into urate-associated loci identified here (*A1CF*, *CUBN*, *LRP2*, *PDZK1*, *SERPINF2*, *SLC2A9*, *SLC16A9*, *SLC17A1*, *SLC22A12* and *SLC47A1*). In addition, our study establishes that *HNF4A* can also trans-activate transcription of *ABCG2* in a kidney cell line, the key urate secretory transporter in both gut and kidney epithelium⁵⁵. The T allele, encoding the isoleucine substitution at *HNF4A* T139I, showed higher trans-activation of *ABCG2* transcription compared to the wild-type allele, which should result in increased urate secretion and is

consistent with the observed association of the T allele with lower serum urate levels. The genetic variant encoding the T139I substitution is located in a region of the HNF4A protein harboring many causative mutations for monogenic maturity onset diabetes of the young (MODY type 1)⁵⁶. Yet, unlike the severe MODY1 missense mutations R127W, D126Y, and R125W,⁵⁷ T139I has not been reported to cause MODY1. Instead, it has been reported to increase the risk of type 2 diabetes mellitus, possibly through a liver-specific loss of HNF4A phosphorylation at T139, and to associate with HDL-cholesterol levels^{56,58}. These data point to additional complexities when interpreting pleiotropic effects, because there may be several tissue-specific mechanisms by which genetic variants in transcriptional regulators influence metabolic pathways and urate homeostasis.

Despite many strengths of this study, some limitations warrant mention. The numbers of individuals of ancestries other than European or East Asian were still small, highlighting the value of studying more diverse populations. Focusing on SNPs present in the majority of studies emphasizes those that may be of greatest importance globally over population-specific variants. General limitations of the field that are not specific to our study include the facts that statistical fine-mapping approaches based on summary statistics from meta-analyses cannot clearly prioritize functional variants in regions of tight LD, and that they are influenced by the availability of and imputation quality of SNPs in the individual contributing studies. Moreover, only few regulatory maps from important target tissues such as synovial membrane and kidney are available, but we were able to evaluate differential gene expression in three separate kidney datasets. The generation of additional regulatory and expression datasets across disease states, developmental stages and more cell types in the kidney and other metabolically active organs constitutes an important research avenue for the future.

In summary, this large-scale genetic association study of serum urate generated an atlas of candidate SNPs, genes, tissues and pathways involved in urate metabolism and its shared regulation with multiple cardio-metabolic traits that will enable a wide range of follow-up studies.

Online Methods

Overview of GWAS methods

We developed an automated analysis workflow to collect and integrate results from 74 GWAS of serum urate from five ancestry groups participating in the CKDGen Consortium. We used a distributive model for study-specific GWAS with meta-analyses conducted centrally. An analysis plan was circulated to all participating studies accompanied by custom shell and R scripts for phenotype generation (<https://github.com/genepi-freiburg/ckdgen-pheno>). Study-specific GWAS were conducted after centralized review and approval of the phenotype summary statistics. Study-specific GWAS results were checked using GWAtoolbox⁵⁹, including p-value inflation, allele frequency distribution, imputation quality, and completeness of genotypes. Custom scripts were used to compare imputed allele frequencies to those of ancestry-matched reference panels and to visualize variant positions. In addition, quality metrics, including the genomic control factor⁶⁰, were compared across studies. The participants of all studies provided written informed consent. Each study had its research protocol approved by the corresponding local ethics committee.

Phenotype definition, genotyping and imputation in participating studies

The primary study outcome was serum urate in mg/dl. The laboratory methods for measuring serum urate in each study are reported in **Supplementary Table 1**. Prevalent gout was analyzed as a secondary outcome to examine whether urate-associated SNPs conferred gout risk. Gout cases were ascertained based on self-report, intake of urate-lowering medications, or International Statistical Classification of Diseases and Related Health Problems (ICD) codes for gout (**Supplementary Table 1**).

Each study performed genotyping separately and applied study-specific quality filters prior to phasing and imputation (**Supplementary Table 2**). In each study, haplotypes were estimated using MACH⁶¹, ShapeIT⁶², Eagle⁶³, or Beagle⁶⁴. Imputation of genotypes was conducted using reference panels from the Haplotype Reference Consortium (HRC) version 1.1⁶⁵, 1000 Genomes Project (1000G) phase 3 v5 ALL, or the 1000G phase 1 v3 ALL⁶⁶ and

ImputeV2⁶⁷, minimac3⁶⁸, PBWT⁶⁹, the Sanger⁷⁰, or the Michigan Imputation Server⁶⁸. The imputed genetic dosages were annotated using NCBI b37 (hg19). Each study provided an imputation quality for each variant: ImputeV2 info score, the MACH/minimac RSQ or the SNPTest info score.

Study-specific association analysis

Each study performed ancestry-specific association analysis of serum urate by generating age- and sex-adjusted residuals of serum urate and regressing the residuals on SNP dosage levels, adjusting for study-specific covariates such as study centers and genetic principal components, assuming an additive genetic model. Gout was analyzed as a binary outcome adjusting for age, sex, genetic principal components, and study-specific covariates. Software used for these regression analyses were EPACTS (*q.emmax* for family based studies and *q.linear* otherwise; <https://genome.sph.umich.edu/wiki/EPACTS>), SNPTest⁷¹, RegScan⁷², RVTEST⁷³, PLINK 1.90⁷⁴, Probabel⁷⁵, GWA⁷⁶, GEMMA⁷⁷, mach2qtl⁷⁸ and R. Family-based studies used methods that accounted for relatedness.

Trans-ethnic, ancestry-specific, and sex-stratified meta-analyses

GWAS results from each study were pre-filtered to retain bi-allelic SNPs with imputation quality score >0.6 and minor allele count (MAC) >10 before inclusion into meta-analysis. Fixed effects inverse-variance weighted meta-analysis was performed using METAL⁷⁹ with modifications to output higher precision (six decimal places). Genomic control was applied for each study. The genomic inflation factor λ_{GC} ⁶⁰ was calculated to assess inflation of the test statistics. For each meta-analysis result (trans-ethnic, ancestry-specific, and sex-specific), we excluded SNPs that were present in <50% of the studies and with a total MAC <400. For ancestry-specific meta-analysis, we additionally excluded SNPs with a heterogeneity I^2 -statistic⁸⁰ >95%. Genome-wide significance was defined as p-value <5x10⁻⁸. The LD score regression intercept was calculated to assess the evidence for associations driven by population structure⁸¹. For downstream characterization, 8,249,849 and 8,217,339 autosomal SNPs were retained in the trans-ethnic and European ancestry meta-analysis, respectively. Ancestry-specific meta-analyses were conducted for European ancestry (EA), African Americans (AA), East Asian (EAS) ancestry, and

South Asian (SA) ancestry using the same methods and variant filters as the trans-ethnic meta-analysis.

Secondary meta-analyses were performed separately in men and women, using the same analytical approaches. To test for significant difference of association between males and females, we used a two-sample t-test $t = \frac{\beta_M - \beta_F}{\sqrt{SE_M^2 + SE_F^2}}$

where β_M and β_F were beta coefficients in males and females, respectively, and SE_M and SE_F were the standard errors among males and females, respectively.

Initial determination and annotation of genome-wide significant loci

For each meta-analysis result, SNPs were assigned to loci by selecting the SNP with the lowest genome-wide p-value as the index SNP and defining the adjacent ± 500 kb-region as the corresponding locus. This procedure was repeated until no genome-wide significant SNP remained. An ancestry-specific locus was defined as a genome-wide significant locus in an ancestry-specific meta-analysis of which the index SNP did not map into within the ± 500 kb intervals of any genome-wide significant loci in the trans-ethnic meta-analysis. Index SNPs were annotated using its position and the nearest gene based on hg19, RefSeq genes, and dbSNP147 downloaded from <ftp://hgdownload.soe.ucsc.edu/mysql/hg19/> on March 23rd, 2017.

Proportion of phenotypic variance explained and estimated heritability

The proportion of phenotypic variance explained by index SNPs was calculated as the sum of the variance explained by each index SNP based on this formula: $\beta^2 \left(\frac{2p(1-p)}{var} \right)$, where β is the beta coefficient and p is the MAF of the SNP, and var is the phenotypic variance. For this study, we used the variance of the age- and sex-adjusted residuals of serum urate in EA participants of the ARIC study as the estimate of the phenotypic variance (variance=1.767).

Heritability of age- and sex-adjusted urate was estimated using the R package 'MCMCglmm'⁸² in the Cooperative Health Research In South Tyrol (CHRIS) study,⁸³ a

participating pedigree-based study of EA individuals, comprising 4,373 individuals in 186 pedigrees of up to five generations. We estimated overall heritability, heritability excluding index SNPs in the three major urate loci (*SLC2A9*, *ABCG2*, and *SLC22A12*), and heritability excluding index SNPs in all genome-wide significant loci for both the trans-ethnic and EA-specific meta-analyses. Estimates were obtained by running 1,000,000 MCMC iterations (*burn in* = 500,000) based on previously described settings⁸⁴. The difference between the overall heritability and the heritability excluding the index SNPs represents the heritability explained by the significant loci in the present study.

Trans-ethnic meta-regression

Prior to conducting trans-ethnic meta-regression, we applied the same study-specific SNP filters as those applied to the fixed effects trans-ethnic meta-analysis (imputation quality score >0.6 and MAC >10). An additional filter for MAF >0.0025 was also applied to reduce the influence of very rare SNPs that passed the MAC filter in very large studies. Trans-ethnic meta-regression was conducted using the MR-MEGA software package⁸⁵, which models ancestry-associated heterogeneity in the allelic effect as a function of principal components (PCs) generated from a matrix of mean pairwise allele frequency differences between studies. Three principal components generated from a matrix of mean pairwise allele frequency differences between studies were sufficient to separate the self-reported ancestry groups. Due to software requirements, the minimum number of cohorts for each SNP had to be greater than the number of PCs plus two, resulting in the exclusion of SNPs present in five or fewer cohorts. The effect and p-value of each SNP on serum urate was reported, along with additional p-values per-SNP for ancestry-associated heterogeneity ($p_{\text{anc-het}}$) and residual heterogeneity ($p_{\text{res-het}}$). Index SNPs from the fixed effects meta-analysis with $p_{\text{anc-het}} < 2.7 \times 10^{-4}$ (0.05/183) in MR-MEGA were considered to have significant ancestry-associated heterogeneity.

Effect of urate-associated index SNPs on gout and risk prediction for gout

To evaluate the association of the trans-ethnic urate-associated index SNPs with gout, we conducted a trans-ethnic meta-analysis of gout with the same study-specific filtering criteria as for the urate trans-ethnic meta-analysis.

The association between a genetic urate risk score constructed from the 114 independent serum urate-associated SNPs identified among European individuals (see fine-mapping section below) and gout was assessed in a large, independent sample from the UKBB (Projects 19655 and 20272)⁸⁶. We selected 334,880 unrelated individuals (pairwise kinship coefficient < 0.0313) of White British ancestry with sex chromosome euploidy and concordance of phenotypic and genotypic sex, including 4,908 with gout identified by self-report at the inclusion visit. Individuals with an ICD10 for gout (M10) in hospital admissions who did not self-report gout were excluded from the analysis. A genetic risk score (GRS) was constructed as the sum of the imputed dosage of the allele associated with higher urate levels ("risk alleles") over all SNPs, multiplied by the genetic effect of the risk allele on serum urate levels. The GRS distribution was divided into ten evenly-spaced categories, and individuals assigned to a category based on their GRS. The category with the lowest GRS did not contain any gout cases and so was combined with its adjacent category. Gout status was regressed on GRS category in a logistic model, including age and sex as covariates, with the category containing the largest number of individuals (genetically predicted mean urate levels 4.74-5.02 mg/dl higher compared to individuals without any urate-increasing alleles) as the reference group.

The performance of the GRS for risk prediction of gout was trained on a set containing 90% of the sample and tested on the remaining 10%. Logistic regression was used to regress gout on the GRS alone (genetic model), age and sex (demographic model) and GRS with age and sex (combined model). Each of these models was then used to predict gout status in the test set. Model performance was assessed by comparing predicted and true gout status using Area Under the Curve (AUC) in a Receiver Operating Characteristic (ROC) curve. An optimum cutoff of the ROC curve to report sensitivity and specificity of a combined GRS-based diagnostic test was determined by the maximum of the Youden's index (sensitivity+specificity-1).

Genetic correlation

To assess the genetic correlation between serum urate and other traits in EA, we conducted cross-trait LD score regression⁸⁷ using LD Hub⁸⁸ with the EA-specific urate meta-analysis results as input. Genetic correlation estimates with 746 traits were obtained from LD Hub, excluding two previous serum urate GWAS results. For presentation, the 212 significantly correlated traits ($p < 6.7 \times 10^{-5} = 0.05/746$) were grouped into 9 categories based on the trait names and labels and presented in a circos plot.

To determine whether observed genetic correlations between serum urate and cardio-metabolic traits are likely to represent causal relationships, we used the recently-developed latent causal variable (LCV) method to estimate the genetic causality proportion (GCP) between serum urate and another trait.⁸⁹ The GCP describes what proportion of the genetic component of one trait also affects the other trait; a positive GCP value indicates that a large proportion of the genetic component of urate also affects the other trait, and vice versa for a negative GCP value. LCV produces posterior mean and standard deviation estimates of the GCP using mixed fourth moments of the bivariate effect size distribution, based on GWAS summary statistics and LD scores. When using summary statistics of cardio-metabolic traits generated from the UKBB, we assumed non-overlapping populations, and overlapping populations otherwise. We selected six unique continuous cardio-metabolic traits commonly examined in epidemiological studies with high genetic correlation with serum urate ($|r_g| > 0.35$). We additionally included gout as a positive control and creatinine-based glomerular filtration rate. EA-specific GWAS summary statistics were used as input to match the ancestry of the LD scores used with the method (https://data.broadinstitute.org/alkesgroup/LDSCORE/eur_w_ld_chr.tar.bz2).

Functional enrichment

To assess gene-set and tissue enrichment, we used the Data-Driven Expression Prioritized Integration for Complex Traits analysis (DEPICT) version 1 release 194⁹⁰. DEPICT performs gene set enrichment analysis by testing whether genes in 14,461 reconstituted gene sets were enriched for urate-associated SNPs. These reconstituted gene sets were generated based on similarity analysis from gene expression of 77,840 samples, manually curated gene-sets,

molecular pathways from protein-protein interaction screening, and gene sets from mouse gene knock-out studies. Additionally, gene expression levels of from 37,427 human microarray samples are compiled in DEPICT and the tissue and cell types were mapped to 209 MeSH first level terms including physiological systems, tissues and cells. Enrichment of tissues and cell types was conducted by assessing whether urate-associated genes are highly expressed in the tissue and cell types.

All variants with urate association p-values $<1 \times 10^{-5}$ from the trans-ethnic meta-analysis results were used as input. Independent SNPs were identified using PLINK 1.9⁷⁴ clump command within 500 kb flanking regions and $r^2 > 0.1$ in the 1000 Genomes phase1 version 3 data excluding the MHC region (chr6:25–35 Mb). False discovery rates (FDRs) were computed using 500 repetitions, and p-values were computed using 5,000 permutations from 500 null GWAS sets adjusting for gene length.

Affinity propagation clustering (APC)⁹¹, implemented in the R package 'APCluster'⁹², was applied to all reconstituted gene sets with FDR-corrected enrichment P-value < 0.01 to cluster gene sets containing similar combinations of genes. Similarity between sets was assessed by the z-scores of the top ten genes assigned to each gene set. The algorithm identifies a single reconstituted gene set from each cluster as an exemplar (meta gene set) that best represents the reconstituted gene sets within that cluster. A correlation matrix was calculated from the Z-scores of the top ten genes within the meta gene set. Correlations > 0.2 were visualized as edges in a network in Cytoscape (<http://cytoscape.org>).

Stratified LD score regression for functional enrichment

Stratified LD score regression⁸⁷ estimates the SNP heritability of urate contributed by the SNPs linked to histone marks in each cell type. The enrichment of a category is defined as the proportion of SNP heritability in that cell type divided by the proportion of SNPs in the same cell type. Here, we assessed urate heritability enrichment in 10 cell types via stratified LD score regression with the EA-specific urate meta-analysis results as the input to match the ancestry of the LD score estimates. The 10 cell types were collapsed from 220 cell type-specific annotations for four histone marks: H3K4me1, H3K4me3, H3K9ac, and H3K27ac. Analyses were also carried

out using trans-ethnic meta-analysis summary statistics as input and results were similar (data not shown).

Statistical fine-mapping of genome-wide significant loci in European ancestry

Statistical fine-mapping to identify potentially causal variants was performed for the genome-wide significant loci from the EA-specific meta-analysis, because fine-mapping based on summary statistics relies on LD estimates from an ancestry-matched reference panel whose sample size should scale with that of the GWAS (Methods)³⁴. We estimated LD from genotypes of 15,000 randomly selected UKBB participants (Application ID 2027, Dataset ID 8974). First, we removed individuals who withdrew consent, those with mismatched sex between self-reported and genetic, with genotype call rates <95%, outliers of variant heterozygosity or along the first two principal components from a principal component analysis seeded with the HapMap phase 3 release 2 populations. We retained only one member of each pair of individuals with pairwise identity-by-descent statistic ≥ 0.1875 . Altogether, 13,558 individuals with 16,969,363 SNPs were selected as the LD reference panel for fine-mapping.

Statistical fine-mapping was conducted by first combining neighboring loci with correlated index SNPs ($r^2 \geq 0.2$) in the EA meta-analysis into discrete regions. Next, we performed stepwise model selection using GCTA (cojo-slct option) to identify independent index SNPs in each region. For regions with more than one independent index SNPs, we performed conditional analysis (GCTA cojo-cond option) to obtain conditional beta and standard errors. Approximate Bayes factors (ABF) were calculated using the Wakefield's formula³⁵, as implemented in the R package 'gtx' version 2.0.1 (<https://github.com/tobyjohnson/gtx>) using the conditional betas and standard errors for regions with multiple independent SNPs and the betas and standard errors of the original EA meta-analysis for regions with a single independent index SNP. The prior standard deviation was calculated as 0.061 based on formula (8) of the original publication of the Wakefield's formula (ref) and the 95% interval of the SNP effect sizes in the EA meta-analysis. The posterior probability for a variant being the driver of the association signal was calculated as the ABF of the variant divided by the sum of the ABF in the region. The 99% credible sets of a region is

derived by summing the posterior probabilities in descending order until the cumulative posterior probability was >99%.

Annotation of the variants in the credible sets

We annotated SNPs in the credible sets for their exonic effect, Combined Annotation Dependent Depletion (CADD) score, and mapping into DNaseI-hypersensitive sites (DHS) from the Encyclopedia of DNA Elements (ENCODE) and Roadmap Epigenomics Consortium projects^{93,94}. The exonic effect and CADD score were obtained using SNIPE v3.2 (March 2017)⁹⁵. SNIPE presented the CADD score as PHRED-like transformation of the C score, which was based on CADD release v1.3 downloaded from <http://cadd.gs.washington.edu/download>. A CADD score of 15 is used to distinguish potential pathogenic variants from background noise in clinical genetics, and represents the median value of all non-synonymous variants in CADD v1.0^{96,97}.

Co-localization analysis of cis-eQTL and urate-associated loci

Co-localization analysis of urate-associated loci with gene expression was conducted using EA-specific urate meta-analysis results, *cis*-eQTL results from micro-dissected human glomerular and tubulo-interstitial kidney portions from 187 individuals in the NEPTUNE study⁹⁸, as well as from 44 tissues in the GTEx Project version 6p release⁹⁹. For each locus, we identified all transcripts and all tissue-transcript pairs with reported eQTLs within ± 100 kb of each GWAS index SNP. The region for each co-localization test was defined as the eQTL *cis* window in the underlying studies^{98,99}. We used the default parameters and prior definitions set in the 'coloc.fast' function from the R package 'gtx' (<https://github.com/tobyjohnson/gtx>), which is an adapted implementation of Giambartolomei's colocalization method²⁴. Evidence for co-localization was defined as $H_4 \geq 0.8$, which represents the posterior probability that the association with serum urate and gene expression is due to the same underlying variant. In addition, co-localization of urate-associated loci was also performed with gene expression quantified using RNA sequencing of the healthy tissue portion of 99 kidney cortex samples from the Cancer Genome Atlas (TCGA)¹⁰⁰. First, all transcripts that shared eQTL variants with urate index SNPs within ± 100 kb were extracted. Then the posterior probability of co-localization was

calculated including eQTLs within the *cis*-window (± 1 Mb from the transcription start site) for each gene using the R coloc package²⁴ with default values for the three prior probabilities.

Trans-eQTL annotation

We performed trans-eQTL annotation for the 183 trans-ethnic index SNPs and their proxies ($r^2 > 0.8$ in both the 1000 Genomes phase 3 European and East Asian reference panels) in eQTL studies with $> 1,000$ individuals: the Framingham Heart Study¹⁰¹, Westra et al.¹⁰², Zeller et al.¹⁰³, Fehrmann et al.¹⁰⁴, and the LIFE Heart¹⁰⁵ and LIFE-Adult¹⁰⁶ studies (details in Supplementary Methods). To improve stringency of results, we only report inter-chromosomal trans-eQTLs showing gene expression association p-values $< 5 \times 10^{-8}$ in at least two of the above mentioned independent samples. To characterize whether the identified trans-associated eQTL transcripts were enriched in any biological pathways, we conducted gene enrichment analysis using DOSE, an R/Bioconductor package for disease ontology semantic and enrichment analysis¹⁰⁷, as well as packages ReactomePA and clusterProfiler for enrichment analysis using the Human Disease Ontology database, GO, KEGG, and Reactome.¹⁰⁸⁻¹¹² The background included all 19,327 protein-coding genes from Ensembl/Havana reported in Ensembl release 91.

Experimental study

Promoter Binding Site Predictions

For promoter binding site predictions, we used the JASPAR 2018 database^{113,114}. The frequency matrices were downloaded for transcription factor binding sites of both vertebrate and human sequences (HNF1A: MA0046.1 and MA0046.2; HNF4A: MA0114.1 and MA0114.2). These matrices were then used to query the promoter region of *ABCG2* (-1285/+362, or base pairs upstream of the transcription start site / and downstream after transcription start site)¹¹⁵ by means of the LASAGNA 2.0 transcription factor binding site search tool with default parameters and a p-value cutoff of 0.01¹¹⁶.

Site-Directed Mutagenesis

1036 HNF1A and HNF4A clones were purchased from GeneCopoeia, (EX-A7792-M02 and EX-Z5283-
1037 M02 respectively) and were mutagenized using the QuikChange Lightning Site Directed
1038 Mutagenesis kit (Agilent Technologies, #210518) per manufacturer's instructions using PAGE
1039 purified primers.

1040 HNF1A-A98V-Forward: CCCTGAGGAGGCGGTCCACCAGAAAGCCG;

1041 HNF1A-A98V-Reverse: CGGCTTTCTGGTGGACCGCCTCCTCAGGG;

1042 HNF4A-T139I-Forward: GACCGGATCAGCATTCTGAAGGTCAAGC;

1043 HNF4A-T139I-Reverse: GCTTGACCTTCGAATGCTGATCCGGTC.

1044 ***Luciferase Assay***

1045 HEK293T cells were seeded in white-walled 96-well plates coated with Poly-L-lysine at roughly
1046 12,500 cells per well. Cells were transfected 18 hours later with either the ABCG2 promoter (-
1047 1285/+362) upstream of a firefly luciferase in the pGL4.14 vector (a generous gift from Douglas
1048 D. Ross, University of Maryland School of Medicine), or the pGL4.14 vector (Promega, #E699A)
1049 without promoter construct, as well as GFP expressing vector used as an internal negative
1050 control (pEGFP-C1, Clontech)¹¹⁷ using X-tremeGeneTM 9 DNA Transfection Reagent (Roche
1051 Diagnostics, #6365787001). Transfection cocktails were prepared per manufacturer's
1052 specifications either with or without transcription factor using the following ratio: 0.6 µg
1053 promoter construct, 0.2, 0.1, or 0.05 µg transcription factor, and 0.05 µg GFP. When no
1054 transcription factor was used, pcDNA3.1 was substituted. Approximately 48 hours after
1055 transfection, cells were rinsed with 1x PBS, then lysed using Passive Lysis Buffer (Promega
1056 #E194A) for 15 minutes. During this incubation, GFP measurements were taken using a
1057 CLARIOstar microplate reader (BMG Labtech). Next, 30 µl of Luciferase Reagent (Promega,
1058 E297A&B) were added to each well, and the plate was incubated for an additional 20 minutes
1059 at room temperature. Finally, luciferase activity was measured using the CLARIOstar microplate
1060 reader taking the average over 6 seconds. To evaluate the significance of transactivation of the
1061 ABCG2 promoter we compared cells expressing transcription factors to those transfected with
1062 the empty vector (pcDNA3.1) and to evaluate TF dose responses or differences in TF variants all

experimental conditions from one plate were compared using an Ordinary one-way ANOVA, accounting for multiple comparisons with a Tukey's multiple comparison test. Statistical analysis was performed using Prism 7 (GraphPad Software Inc, USA).

Western Blots

Equal volumes of deoxycholate-RIPA buffer were added to wells containing desired lysates following the luciferase assay and plates were then incubated at 4°C overnight. Equal volumes of sample + 5x SDS loading dye + 10% β -mercaptoethanol were then loaded into 10% Mini-PROTEAN® TGX Stain-Free™ Precast Gels (Bio-Rad, #4568033) and run per manufacturer's specifications. Gels were then cross-linked for 45 seconds and imaged to reveal total protein load, which was used as the loading control for each lane (representative images of these protein gels are found in S.upplementary figure 9). Gels were then transferred onto nitrocellulose membranes using the Trans-Blot® Turbo™ Transfer System (Bio-Rad), blocked for 2 hours at room temperature in 5% milk in TBS-T, and incubated overnight at 4°C with primary antibody. Membranes were then washed 3 times with TBS-T, incubated at room temperature for 1 hour with Donkey anti-rabbit secondary antibody (Jackson ImmunoResearch, #111-035-144) diluted 1:5000 in 2.5% milk in TBS-T. Membranes were then washed again and developed using SuperSignal™ West Pico PLUS Chemiluminescent Substrate (Thermo Scientific, #34577) and imaged on the ChemiDoc MP imaging system (Bio-Rad). All primary antibodies were diluted 1:1000 in 2.5% milk in TBS-T. Antibodies used included HNF4 α (Cell Signaling Technology, #3113) and HNF1 α (Cell Signaling Technology, #89670). Antibodies were validated using lysates of overexpressing HEK293T cells transfected with either HNF construct, demonstrating bands at the appropriate sizes (Supplementary Figure 9).

1085 **Table 1: Genes implicated as causal via identification of missense variants with high probability of driving the urate association**
1086 **signal.** Genes are included if they contain a missense variant with posterior probability of association of >50% or mapping into a
1087 small credible set (≤ 5 variants).

| Gene | SNP | #SNPs in set | SNP PP | consequence | CADD | DHS | Gout p-value (EA) | Brief summary of literature and gene function |
|---------------|-----------|--------------|--------|--|------|-------------------|-------------------|--|
| <i>ABCG2</i> | rs2231142 | 4 | 0.41 | p.Gln141Lys (NP_004818.2) | 18.2 | ENCODE epithelial | 1.21E-290 | Encodes a xenobiotic and high-capacity urate membrane transporter expressed in kidney, liver and gut. Causal variants have been reported for gout susceptibility (#138900) and the Junior Jr(a-) blood group phenotype (#614490). The locus was first identified in association with serum urate through GWAS (PMID:18834626) and confirmed in many studies since. The common causal variant Q141K has been experimentally confirmed (PMID:19506252) as a partial loss of function. |
| <i>UNC5CL</i> | rs742493 | 4 | 0.95 | p.Arg432Gly (NP_775832.2) (within Death domain) | 21.0 | ENCODE epithelial | 2.73E-01 | Encodes for the death-domain-containing Unc-5 Family C-Terminal-Like membrane-bound protein. Suggested as a candidate gene for mucosal diseases, with a role in epithelial inflammation and immunity (PMID:22158417). Experiments using human HEK293 cells showed that UNC5CL can transduce pro-inflammatory programs via activation of NF- κ B, with the 432Gly variant less potent to do so than the 432Arg one (PMID:22158417). |
| <i>HNF1A</i> | rs1800574 | 2 | 0.92 | p.Ala98Val (NP_000536.5) | 23.4 | | 1.83E-02 | Encodes a transcription factor with strong expression in liver, guts and kidney. Rare mutations cause autosomal-dominant MODY type III (#600496). Locus found in GWAS of T2DM (PMID:22325160) and blood urea nitrogen (PMID:29403010). Together with HNF4-alpha, it was first recognized as master regulator of hepatocyte and islet transcription. Knockout mice show proximal tubular dysfunction (Fanconi syndrome). HNF1A enhanced promoter activity of PDZK1, URAT1, NPT4 and OAT4 in human renal proximal tubule cell-based assays (PMID:28724612), supporting a role in the coordinated expression of components of the urate "transportosome". |
| <i>HNF4A</i> | rs1800961 | 1 | 1.00 | p.Thr139Ile (NP_000448.3) | 24.7 | ENCODE pancreas | 7.43E-03 | Encodes another nuclear receptor and transcription factor that controls expression of many genes, including <i>HNF1A</i> and other overlapping target genes. Rare mutations cause autosomal-dominant MODY type I (#125850) and autosomal-dominant renal Fanconi syndrome 4 (#616026). Shown to regulate expression of SLC2A9 and other members of the urate "transportosome" in cell-based assays (PMID 25209865, PMID:30124855). The GWAS locus has been reported for multiple cardio-metabolic traits and T2DM (PMID:21874001). |
| <i>CPS1</i> | rs1047891 | 84 | 0.84 | p.Thr1412Asn (NP_001116105.1) | 22.1 | | 5.66E-02 | Encodes mitochondrial carbamoyl phosphate synthetase I, which catalyzes the first committed step of the urea cycle by synthesizing carbamoyl phosphate from ammonia, bicarbonate, and 2 molecules of ATP. Rare mutations cause autosomal-recessive carbamoylphosphate synthetase I deficiency (#237300). In addition to hyperammonemia, this disease features increased synthesis of glutamine, a precursor of purines. Elevated uric acid excretion has been reported in patients with hyperammonemia (PMID:6771064). GWAS locus for eGFR (PMID:26831199), homocysteine (PMID:23824729), urinary glycine concentrations (PMID: 26352407). |
| <i>GCKR</i> | rs1260326 | 2 | 0.67 | p.Leu446Pro (NP_001477.2) | 0.1 | ENCODE kidney | 4.09E-41 | Encodes a regulatory protein prominently expressed in the liver that inhibits glucokinase. Identified in previous GWAS of urate (PMID:23263486) and multiple other cardio-metabolic traits. The 446L protein was shown to be less activated than 446Pro by physiological concentrations of fructose-6-phosphate, leading to reduced glucokinase inhibitory ability (PMID:19643913). |

1088 Abbreviation: PP, posterior probability; DHS, DNase-I hypersensitivity site; CADD, Combined Annotation Dependent Depletion phred score; EA, European ancestry.

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Disclaimer

The views expressed in this manuscript are those of the authors and do not necessarily represent the views of the National Heart, Lung, and Blood Institute, the National Institutes of Health, or the US Department of Health and Human Services.

Data Availability

Genome-wide summary statistics for this study are made publicly available through dbGaP accession number phs000930.v7.p1.

1106 **Author contributions**

1107 **Manuscript writing group:** Adrienne Tin, Jonathan Marten, Victoria L. Halperin Kuhns, Yong Li, Matthias
1108 Wuttke, Holger Kirsten, Karsten B. Sieber, Chengxiang Qiu, Mathias Gorski, Markus Scholz, Adriana M.
1109 Hung, Alexander Teumer, Cristian Pattaro, Owen M. Woodward, Veronique Vitart, Anna Köttgen.

1110
1111 **Design of this study:** Adrienne Tin, Jonathan Marten, Matthias Wuttke, Mathias Gorski, Christian
1112 Fuchsberger, Alexander Teumer, Cristian Pattaro, Owen M. Woodward, Veronique Vitart, Anna Köttgen,

1113
1114 **Management of an individual contributing study:** Adam S. Butterworth, Adriana M. Hung, Adrienne Tin,
1115 Afshin Parsa, Aiko P.J. de Vries, Alan B. Zonderman, Alessandro De Grandi, Andres Metspalu, Andrew A.
1116 Hicks, Anke Tönjes, Anna Köttgen, Annette Peters, Antje Körner, Antonietta Robino, Archie Campbell,
1117 Belen Ponte, Bernhard K. Krämer, Bettina Jung, Brenda W.J.H. Penninx, Bruce M. Psaty, Caroline
1118 Hayward, Carsten A. Böger, Cassandra N. Spracklen, Christian Gieger, Christopher J. O'Donnell, Cornelia
1119 M. van Duijn, Cristian Pattaro, Daniela Toniolo, Daniele Cusi, Deborah Mascalzoni, Eric Boerwinkle, Erik
1120 Ingelsson, Florian Kronenberg, Gardar Sveinbjornsson, Georg Ehret, Gerard Waeber, Ginevra Biino,
1121 Girish N. Nadkarni, Grant W. Montgomery, Harold Snieder, Helena Schmidt, Igor Rudan, J. Michael
1122 Gaziano, James F. Wilson, James G. Wilson, Jaspal S. S. Kooner, Jeffrey O'Connell, Joachim Thiery,
1123 Johanne Tremblay, John B. Whitfield, John C. Chambers, Josef Coresh, Kai-Uwe Eckardt, Karen L.
1124 Mohlke, Kari Stefansson, Kevin Ho, Koichi Matsuda, Konstantin Strauch, M. Arfan Ikram, Marcus E.
1125 Kleber, Marina Ciullo, Mario Pirastu, Markus Loeffler, Markus Scholz, Martin H. de Borst, Matthias
1126 Wuttke, Michael Stumvoll, Michele K. Evans, Michiaki Kubo, Mika Kähönen, Murielle Bochud, Myriam
1127 Rheinberger, Nicholas G. Martin, Olivier Devuyst, Olli T. Raitakari, Ozren Polasek, Paolo Gasparini, Peter
1128 P. Pramstaller, Peter Vollenweider, Pim van der Harst, Qiong Yang, Rainer Rettig, Reinhold Schmidt,
1129 Renée de Mutsert, Robert J. Carroll, Ron T. Gansevoort, Ruth J.F. Loos, Sarah A. Pendergrass, Sarah H.
1130 Wild, Stephan J.L. Bakker, Tamara B. Harris, Terho Lehtimäki, Thomas Perls, Ton J. Rabelink, Uwe Völker,
1131 Vilmantas Giedraitis, Vilmundur Gudnason, Weihua Zhang, Wieland Kiess, Winfried März, Wolfgang
1132 Koenig, Yong Li, Yuri Milaneschi

1133
1134 **Critical review of manuscript:** Adam S. Butterworth, Adriana M. Hung, Adrienne Tin, Afshin Parsa, Aiko
1135 P.J. de Vries, Alan B. Zonderman, Albert V. Smith, Alexander Teumer, André G. Uitterlinden, Anke
1136 Tönjes, Anna Köttgen, Annette Peters, Anselm Hoppmann, Antje Körner, Antonietta Robino, Anubha
1137 Mahajan, Audrey Y. Chu, Ayush Giri, Bernhard K. Krämer, Bettina Jung, Boting Ning, Bram Prins, Brenda
1138 W.J.H. Penninx, Brigitte Kühnel, Bruce M. Psaty, Caroline Hayward, Carsten A. Böger, Cassandra N.
1139 Spracklen, Chengxiang Qiu, Christa Meisinger, Christian Fuchsberger, Christian Gieger, Christopher J.
1140 O'Donnell, Cristian Pattaro, Daniel F. Gudbjartsson, Daniela Ruggiero, Deborah Mascalzoni, Dennis O.
1141 Mook-Kanamori, Erik Ingelsson, Erwin P. Bottinger, Eulalia Catamo, Florian Kronenberg, Gardar
1142 Sveinbjornsson, Ginevra Biino, Giorgia Grotto, Girish N. Nadkarni, Graciela Delgado, Grant W.
1143 Montgomery, Harold Snieder, Harry Campbell, , Helgi Jonsson, Hilma Holm, Igor Rudan, Ilja M. Nolte,
1144 Ingileif Jonsdottir, Iris M. Heid, James F. Wilson, James G. Wilson, Johanna Jakobsdottir, Johanne
1145 Tremblay, John B. Whitfield, Jonathan Marten, Josef Coresh, Kai-Uwe Eckardt, Karen L. Mohlke, Karlhans
1146 Endlich, Karsten B. Sieber, Katalin Susztak, Kenneth M. Rice, Kevin Ho, Kjell Nikus, Konstantin Strauch,
1147 Laura M. Raffield, Leo-Pekka Lyytikäinen, Leslie A. Lange, Luke J. O'Connor, Man Li, Marcus E. Kleber,
1148 Marina Ciullo, Markus Loeffler, Markus Scholz, Martin H. de Borst, Martina La Bianca, Martina Müller-
1149 Nurasyid, Mary L. Biggs, Mathias Gorski, Matthias Nauck, Matthias Wuttke, Melanie Waldenberger,
1150 Michael H. Preuss, Michele K. Evans, Mika Kähönen, Mike A. Nalls, Myriam Rheinberger, Nicholas G.
1151 Martin, Niek Verweij, Nina Hutri-Kähöne, Nisha Bansal, Olivier Devuyst, Olli T. Raitakari, Otis D. Wilson,

1152 Ozren Polasek, Patrick Sulem, Pavel Hamet, Peter K. Joshi, Pim van der Harst, Qiong Yang, Rainer Rettig,
 1153 Ravchel M. Lewis, Raymond Noordam, Ren  e de Mutsert, Ruth J.F. Loos, Sahar Ghasemi, Sala Cinzia
 1154 Felicita, Salman M. Tajuddin, Sanaz Sedaghat, Sarah A. Pendergrass, Sarah H. Wild, Scott D. Gordon,
 1155 Shih-Jen Hwang, Shona M. Kerr, Stephan J.L. Bakker, Tamara B. Harris, Teresa Nutile, Terho Lehtim  ki,
 1156 Thibaud S. Boutin, Thomas Meitinger, Todd L. Edwards, Ton J. Rabelink, Unnur Thorsteinsdottir, Uwe
 1157 V  lker, Veronique Vitart, Wei Huang, Winfried M  rz, Wolfgang Koenig, Yong Li, Zhi Yu.

1158
 1159 **Statistical Methods and Analysis:** Albert V. Smith, Alexander Teumer, Anna K  ttgen, Anselm
 1160 Hoppmann, Anubha Mahajan, Audrey Y. Chu, Ayse Demirkan, Ayush Giri, Bettina Jung, Boting Ning,
 1161 Bram Prins, Brigitte K  hnel, Carsten A. B  ger, Cassandra N. Spracklen, Chengxiang Qiu, Chris H. L. Thio,
 1162 Christian Fuchsberger, Cristian Pattaro, Damia Noce, Daniel F. Gudbjartsson, Edith Hofer, Erika Salvi,
 1163 Federica Rizzi, Gardar Sveinbjornsson, Ginevra Biino, Graciela Delgado, Holger Kirsten, Ilja M. Nolte, Iris
 1164 M. Heid, Johanna Jakobsdottir, Johanne Tremblay, Jonathan Marten, Jun Liu, Karsten B. Sieber, Katalin
 1165 Susztak, Kathleen A. Ryan, Katrin Horn, Kenneth M. Rice, Laura M. Raffield, Leo-Pekka Lyytik  inen, Leslie
 1166 A. Lange, Man Li, Marco Brumat, Marcus E. Kleber, Maria Pina Concas, Markus Scholz, Martin G  gele,
 1167 Mary L. Biggs, Masahiro Kanai, Masato Akiyama, Massimiliano Cocca, Mathias Gorski, Matthias Nauck,
 1168 Matthias Wuttke, Michael H. Preuss, Mike A. Nalls, Myriam Rheinberger, Navya Shilpa Josyula, Nicola
 1169 Pirastu, Niek Verweij, Nina Mononen, Pashupati P. Mishra, Pavel Hamet, Peter J. van der Most, Peter K.
 1170 Joshi, Pim van der Harst, Qiong Yang, Raymond Noordam, Rico Rueedi, Robert J. Carroll, Sahar Ghasemi,
 1171 Salman M. Tajuddin, Sanaz Sedaghat, Sarah A. Pendergrass, Shih-Jen Hwang, Tanguy Corre, Teresa
 1172 Nutile, Thibaud S. Boutin, Todd L. Edwards, Toomas Haller, Veronique Vitart, Weihua Zhang, Winfried
 1173 M  rz, Yasaman Saba, Yizhe Xu, Yoichiro Kamatani, Yong Li, Yukinori Okada

1174
 1175 **Subject Recruitment:** Aiko P.J. de Vries, Alan B. Zonderman, Andrej Teren, Andres Metspalu, Anke
 1176 T  njes, Anna K  ttgen, Archie Campbell, Belen Ponte, Bettina Jung, Blair H. Smith, Brenda W.J.H.
 1177 Penninx, Carsten A. B  ger, Christa Meisinger, Cristian Pattaro, Daniela Ruggiero, Daniele Cusi, David J.
 1178 Porteous, Erwin P. Bottinger, Florian Kronenberg, Gerard Waeber, Harry Campbell, Helgi Jonsson, Igor
 1179 Rudan, Isleifur Olafsson, James F. Wilson, James G. Wilson, Jaspal S. S. Kooner, Johan   rnl  v, Johanne
 1180 Tremblay, John B. Whitfield, John C. Chambers, Katalin Dittrich, Kjell Nikus, Koichi Matsuda, Marina
 1181 Ciullo, Michele K. Evans, Michiaki Kubo, Mika K  h  nen, Myriam Rheinberger, Nicholas G. Martin, Nina
 1182 Hutri-K  h  ne, Olli T. Raitakari, Ozren Polasek, Patrick Sulem, Peter Vollenweider, Reinhold Schmidt,
 1183 Ren  e de Mutsert, Ron T. Gansevoort, Saima Afaq, Sandosh Padmanabhan, Sarah A. Pendergrass, Sarah
 1184 H. Wild, Simona Vaccargiu, Tanja Poulain, Terho Lehtim  ki, Ton J. Rabelink, Vilmundur Gudnason, Wei
 1185 Huang, Winfried M  rz

1186
 1187 **Bioinformatics:** Albert V. Smith, Anna K  ttgen, Anselm Hoppmann, Audrey Y. Chu, Ayush Giri, Benjamin
 1188 Lehne, Bram Prins, Carsten A. B  ger, Cassandra N. Spracklen, Chengxiang Qiu, Christian M. Shaffer,
 1189 Daniela Baptista, Dennis O. Mook-Kanamori, Edith Hofer, Eric Campana, Erika Salvi, Federica Rizzi, Georg
 1190 Ehret, Giorgio Pistis, Holger Kirsten, Iris M. Heid, James F. Wilson, Johanna Jakobsdottir, Johanne
 1191 Tremblay, Jonathan Marten, Karen L. Mohlke, Karsten B. Sieber, Katalin Susztak, Katrin Horn, Leo-Pekka
 1192 Lyytik  inen, Man Li, Marcus E. Kleber, Maria Pina Concas, Markus Scholz, Massimiliano Cocca, Mathias
 1193 Gorski, Matthias Wuttke, Michael H. Preuss, Navya Shilpa Josyula, Nicola Pirastu, Pashupati P. Mishra,
 1194 Pavel Hamet, Peter J. van der Most, Raymond Noordam, Reedik Magi, Rico Rueedi, Robert J. Carroll,
 1195 Sahar Ghasemi, Sanaz Sedaghat, Sarah A. Pendergrass, Scott D. Gordon, Sven Bergmann, Tanguy Corre,
 1196 Teresa Nutile, Weihua Zhang, Winfried M  rz, Yasaman Saba, Yizhe Xu, Yong Li, Yuri Milaneschi, Zhi Yu.

1197

Interpretation of Results: Adrienne Tin, Alexander Teumer, André G. Uitterlinden, Anna Köttgen, Ayush Giri, Bettina Jung, Carsten A. Böger, Cassandra N. Spracklen, Chengxiang Qiu, Christian Gieger, Christopher J. O'Donnell, Cristian Pattaro, Helgi Jonsson, Holger Kirsten, Iris M. Heid, Johanne Tremblay, Jonathan Marten, Karen L. Mohlke, Karlhans Endlich, Karsten B. Sieber, Katalin Dittrich, Katalin Susztak, Katrin Horn, Kevin Ho, Luke J. O'Connor, Man Li, Markus Scholz, Mathias Gorski, Matthias Wuttke, Myriam Rheinberger, Niek Verweij, Owen M. Woodward, Pavel Hamet, Pim van der Harst, Sahar Ghasemi, Sanaz Sedaghat, Sarah A. Pendergrass, Shih-Jen Hwang, Veronique Vitart, Victoria L. Halperin Kuhns, Wei Huang, Wolfgang Koenig, Yizhe Xu, Yong Li

Genotyping: Alan B. Zonderman, Alexander Teumer, André G. Uitterlinden, Antje Körner, Archie Campbell, Ayse Demirkan, Blair H. Smith, Brenda W.J.H. Penninx, Caroline Hayward, Carsten A. Böger, Cassandra N. Spracklen, Christian Fuchsberger, Cornelia M. van Duijn, Daniela Baptista, Daniela Ruggiero, Daniela Toniolo, David J. Porteous, Dennis O. Mook-Kanamori, Erik Ingelsson, Erika Salvi, Federica Rizzi, Florian Kronenberg, Georg Ehret, Grant W. Montgomery, Harry Campbell, James F. Wilson, James G. Wilson, Jaspal S. S. Kooner, Johan Ärnlöv, Johanne Tremblay, John C. Chambers, Karen L. Mohlke, Leo-Pekka Lyytikäinen, Leslie A. Lange, Marcus E. Kleber, Melanie Waldenberger, Michael H. Preuss, Michele K. Evans, Michiaki Kubo, Mika Kähönen, Mike A. Nalls, Najaf Amin, Nina Mononen, Olli T. Raitakari, Patrick Sulem, Pavel Hamet, Peter Kovacs, Pim van der Harst, Ralph Burkhardt, Ron T. Gansevoort, Salman M. Tajuddin, Sandosh Padmanabhan, Scott D. Gordon, Simona Vaccargiu, Terho Lehtimäki, Thomas Meitinger, Uwe Völker, Wei Huang, Winfried März, Wolfgang Koenig, Yuri Milaneschi

Functional study: Victoria Halperin Kuhns, Raychel Lewis, Owen M. Woodward.

Competing interests

Dennis O Mook-Kanamori works as a part-time clinical research consultant for Metabolon, Inc. Brenda Penninx has received research funding (unrelated to the work reported here) from Jansen Research and Boehringer Ingelheim. Karsten B. Sieber is full-time employee of GlaxoSmithKline. Gardar Sveinbjornsson and Patrick Sulem are full time employees of deCODE genetics, Amgen Inc. Wolfgang Koenig received modest consultation fees for advisory board meetings from Amgen, DalCor, Kowa, Novartis, Pfizer and Sanofi, and modest personal fees for lectures from Amgen, AstraZeneca, Novartis, Pfizer and Sanofi. Winfried März is employed with Synlab Services GmbH and holds shares of Synlab Holding Deutschland GmbH. Mike A. Nalls is supported by a consulting contract between Data Tecnica International LLC and the National Institute on Aging (NIA), National Institutes of Health (NIH), Bethesda, MD, USA and consults for Illumina Inc., the Michael J. Fox Foundation, and the University of California Healthcare. Kevin Ho disclosed a research and financial relationship with Sanofi-Genzyme. Bruce M. Psaty serves on the DSMB of a clinical trial funded by the manufacturer (Zoll LifeCor) and on the Steering Committee of the Yale Open Data Access Project funded by Johnson & Johnson. Adam S. Butterworth received grants from MSD, Pfizer, Novartis, Biogen and Bioverativ and personal fees from Novartis. Markus Scholz consults for and received grant support from Merck Serono not related to this project. Anna Köttgen received grant support from Gruenenthal not related to this project. Other authors declare no competing interests.

Figure Legends

Figure 1: Trans-ethnic GWAS meta-analysis identifies 183 loci associated with serum urate

Outer ring: Dot size represents the genetic effect size of the index SNP at each labeled locus on serum urate. Blue band: $-\log_{10}(p)$ for association with serum urate, by chromosomal position (GRCh37 (hg19) reference build). Red line indicates genome-wide significance ($p=5\times 10^{-8}$). Blue gene labels indicate novel loci, gray labels loci reported in previous GWAS of serum urate. Green band: $-\log_{10}(p)$ for association with gout, by chromosomal position. Red line indicates genome-wide significance ($p=5\times 10^{-8}$). Inner band: Dots represent index SNPs with significant heterogeneity and are color-coded according to its source: green for ancestry-related heterogeneity ($p_{\text{anc-het}} < 2.7\times 10^{-4}$ [0.05/183]), red for residual heterogeneity ($p_{\text{res-het}} < 2.7\times 10^{-4}$), and yellow for both ($p_{\text{anc-het}}$ and $p_{\text{res-het}} < 2.7\times 10^{-4}$). Loci are labeled with the gene closest to the index SNP.

Figure 2: A genetic risk score (GRS) for serum urate improves gout risk prediction. (A)

Histogram of the urate GRS among 334,880 European ancestry participants of the UK Biobank. The Y axes show the number of individuals (left) and the prevalence of gout (right), the x-axis shows categories of the urate GRS. The units on the x-axis represent genetically-predicted serum urate levels (mg/dl) compared to individuals without any urate-increasing alleles; (B) Y axis displays the age- and sex-adjusted odds ratio of gout by GRS category (X axis), comparing each other category to the most prevalent one; (C) Comparison of the receiver operating characteristic (ROC) curves of different prediction models of gout: genetic (GRS only; red), demographic (age + sex; green), and combined (GRS + age + sex; blue). Y-axis: sensitivity, x-axis: specificity. At the optimal cut points determined by the maximum of the Youden's index, the sensitivity of the combined model was 84% and specificity was 68%.

Figure 3: Serum urate shows widespread genetic correlations with cardio-metabolic risk factors and diseases.

The Circos plot shows significant genome-wide genetic correlations between serum urate and 214 complex traits or diseases ($p < 6.6 \times 10^{-5}$), with bar height proportional to the genetic correlation coefficient (r_g) estimate for each trait and coloring according to its direction (dark blue, $r_g > 0$; light blue, $r_g < 0$). Traits and diseases are labeled on the outside of the plot and grouped into nine different categories. Each category is color-coded (inner ring, inset). The greatest genetic correlation was observed with gout ($r_g = 0.92$, $p = 3.3 \times 10^{-70}$). Genetic correlations with multiple cardio-metabolic risk factors and diseases reflect their known directions from observational studies.

Figure 4: Genes expressed in urate-associated loci are enriched in kidney tissue and pathways. (A) Grouped physiological systems (x-axis) that were tested individually for enrichment of expression of genes in urate-associated loci are shown as a bar plot, with the $-\log_{10}(P\text{-value})$ on the y-axis. Significantly enriched systems are labeled and highlighted in blue (false discovery rate [FDR] < 0.01). (B) Correlated ($r > 0.2$) meta-gene sets that were strongly enriched for genes mapping into urate-associated loci (FDR < 0.01). Thickness of the edges represents the magnitude of the correlation coefficient, node size, color and intensity represent the number of clustered gene sets, gene set origin, and enrichment p-value, respectively.

Figure 5: Prioritization of p.Thr139Ile at *HNF4A* and functional study of *HNF4A* regulation of *ABCG2* transcription.

(A) Graph shows credible set size (x-axis) against the posterior probability of association (PPA; y-axis) for each of 1,453 SNPs with PPA $> 1\%$ in 114 99% credible sets. Triangles mark missense SNPs, with size proportional to their Combined Annotation Dependent Depletion (CADD) score. Blue triangles indicate missense variants mapping into small (≤ 5 SNPs) credible sets or with high PPA ($\geq 50\%$). (B) Predicted HNF1A or HNF4A binding sites in the promoter region of *ABCG2*, the consensus affinity sequence, and the p-value of likely matches. (C) Relative luciferase activity and transactivation of *ABCG2* promoter in cells transfected with variable amount of HNF1A or

HNF4A constructs. \pm SEM, n=3 independent experiments, p values calculated with ordinary one-way ANOVA with Tukey's multiple comparison test. **(D)** Position of p.Thr139Ile (T139I) in DNA binding domain / hinge region within HNF4A homodimer structure (PDB 4IQR). **(E)** Relative luciferase activity and transactivation of *ABCG2* promoter in cells transfected with variable amount of constructs (ng's of transfected DNA) of wild-type HNF4A (threonine) or isoleucine at position 139. \pm SEM, n=3 independent experiments, p values calculated with ordinary one-way ANOVA with Tukey's multiple comparison test.

Figure 6: Co-localization of urate-association signals with gene expression in *cis* in kidney tissues

Serum urate association signals identified among European ancestry individuals were tested for co-localization with all eQTLs where the eQTL *cis*-window overlapped (± 100 kb) the index SNP. Genes with ≥ 1 positive co-localization (posterior probability of one common causal variant, H_4 , ≥ 0.80) in a kidney tissue are illustrated with the respective index SNP and transcript (y-axis). Co-localizations across all tissues (x-axis) are illustrated as dots, where the size of the dots indicates the posterior probability of the co-localization. Negative co-localizations (posterior probability of $H_4 < 0.80$) are marked in gray, while the positive co-localizations are color-coded based on the predicted change in expression relative to the allele associated with higher serum urate.

Table 1: Genes implicated as causal via identification of missense variants with high probability of driving the urate association signal. Genes are included if they contain a missense variant with posterior probability of association of $>50\%$ or mapping into a small credible set (≤ 5 variants).

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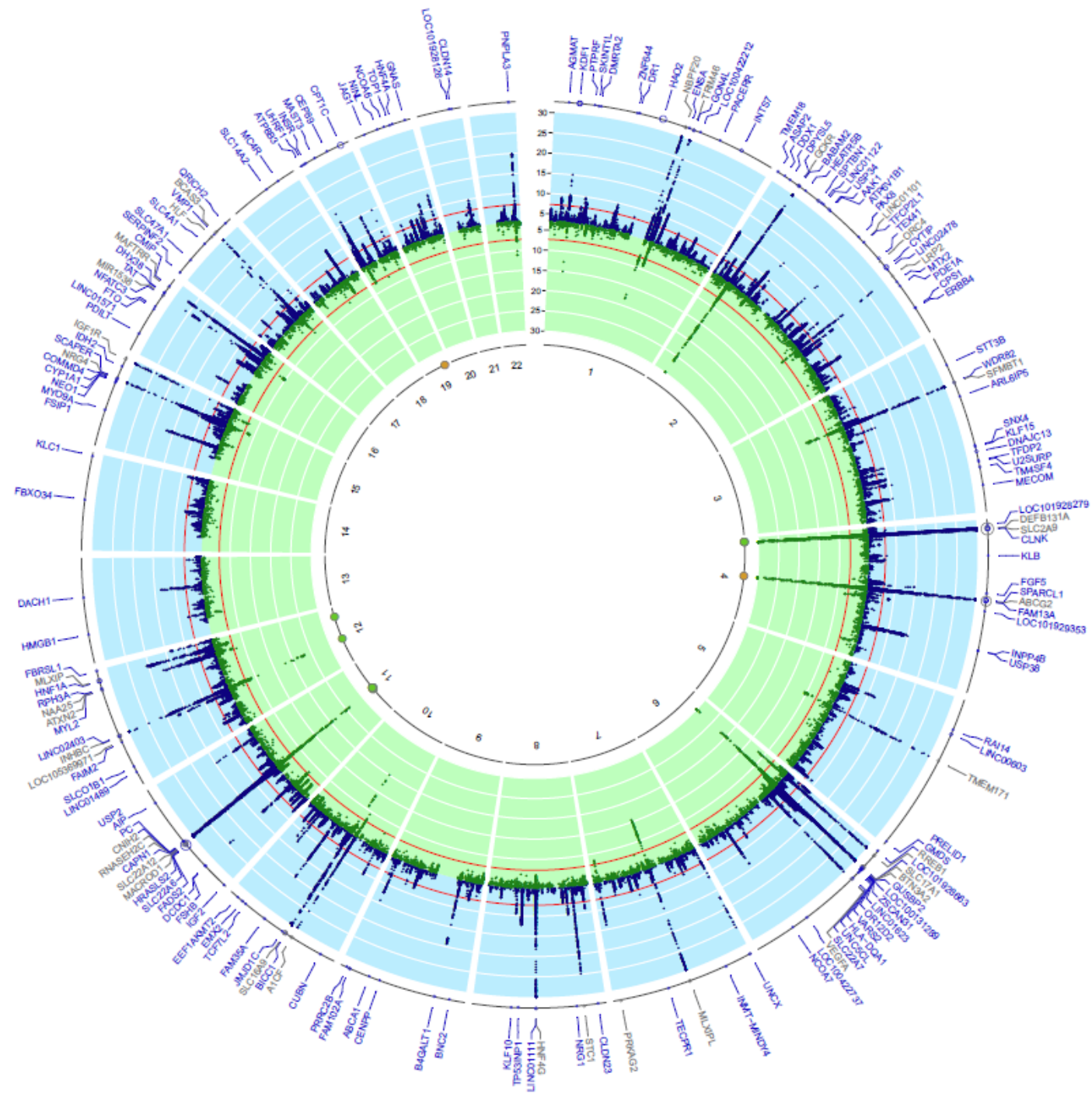
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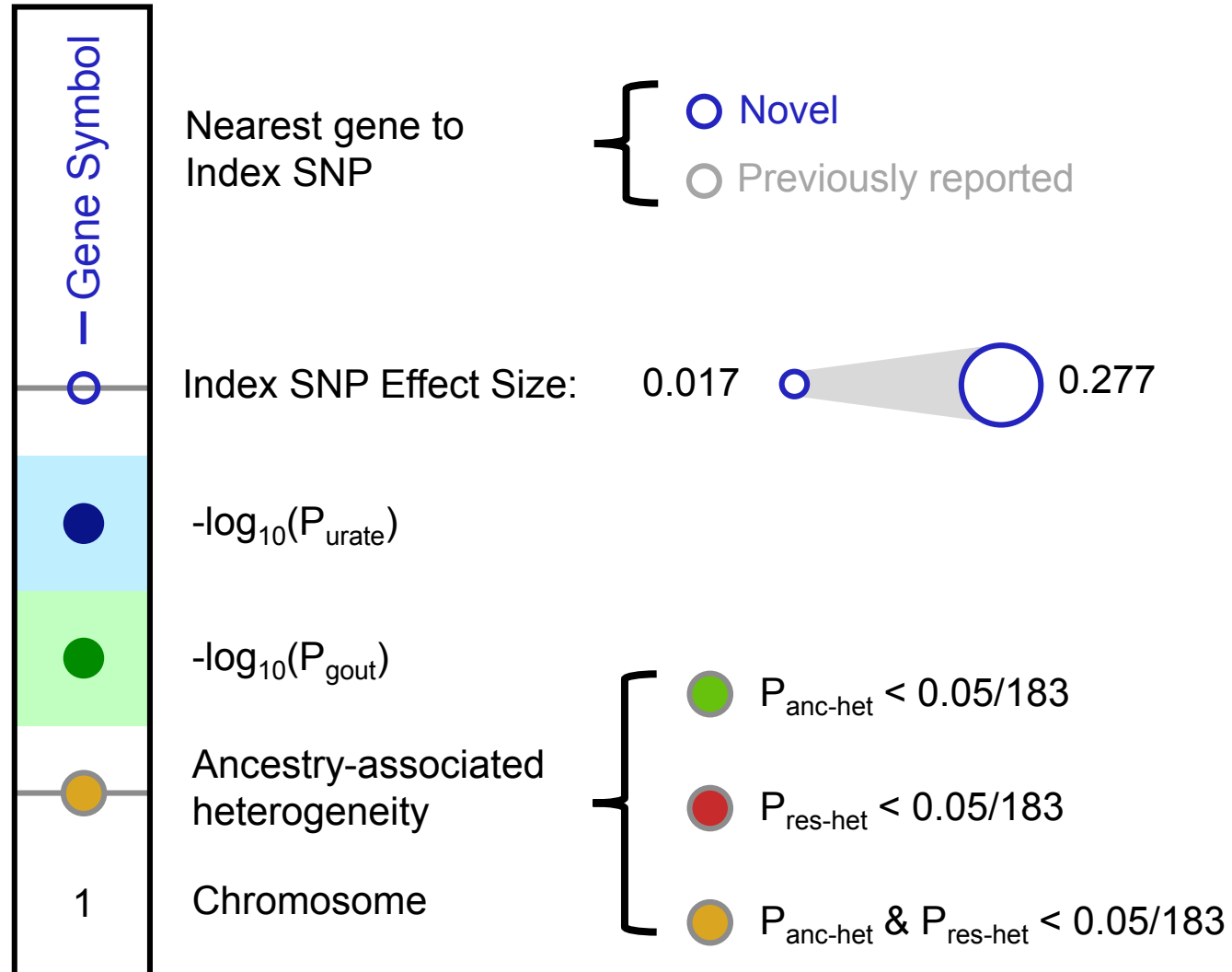
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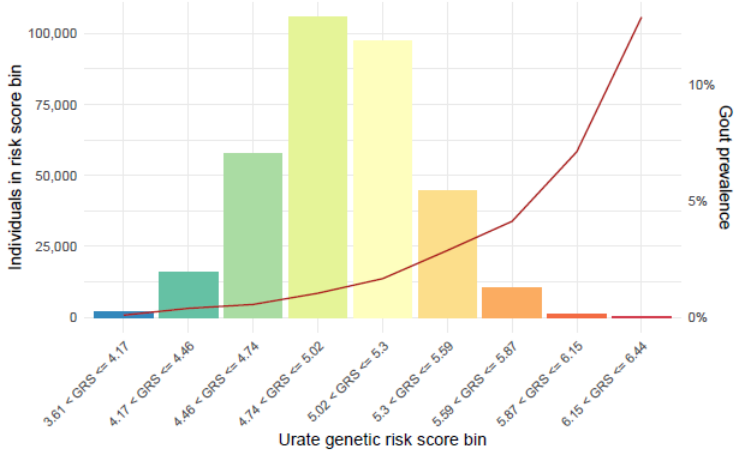
Figure 1



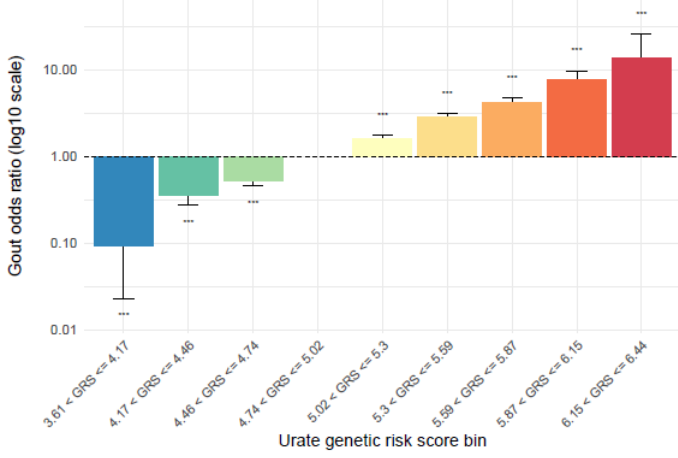
Track key



A



B



C

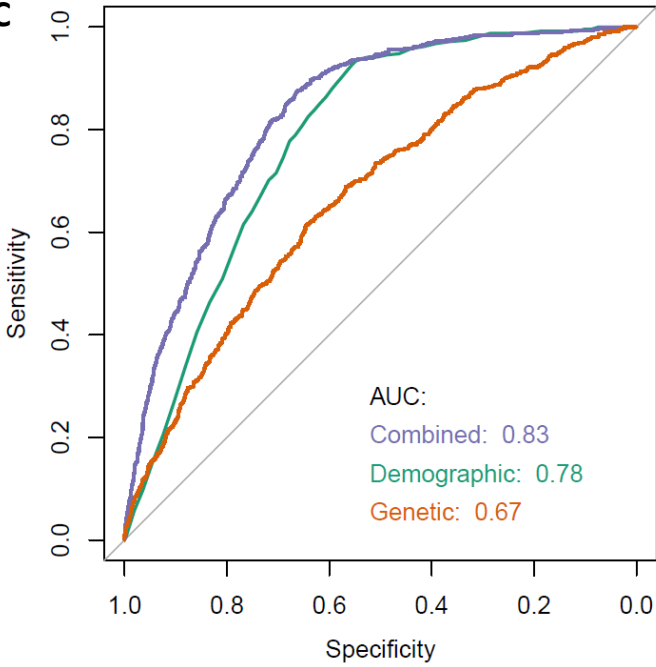


Figure 2



A

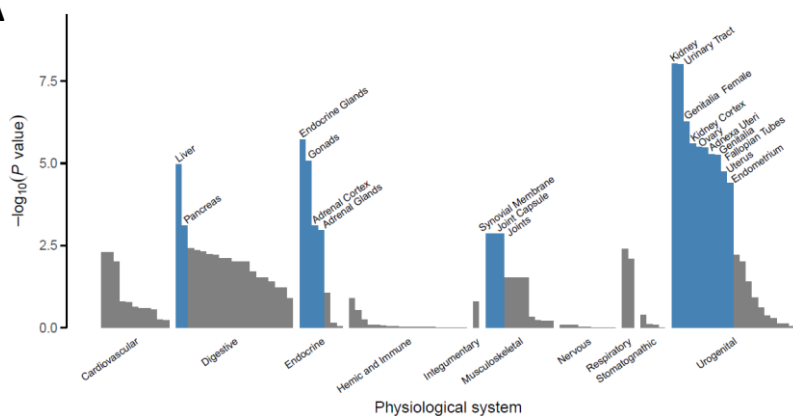
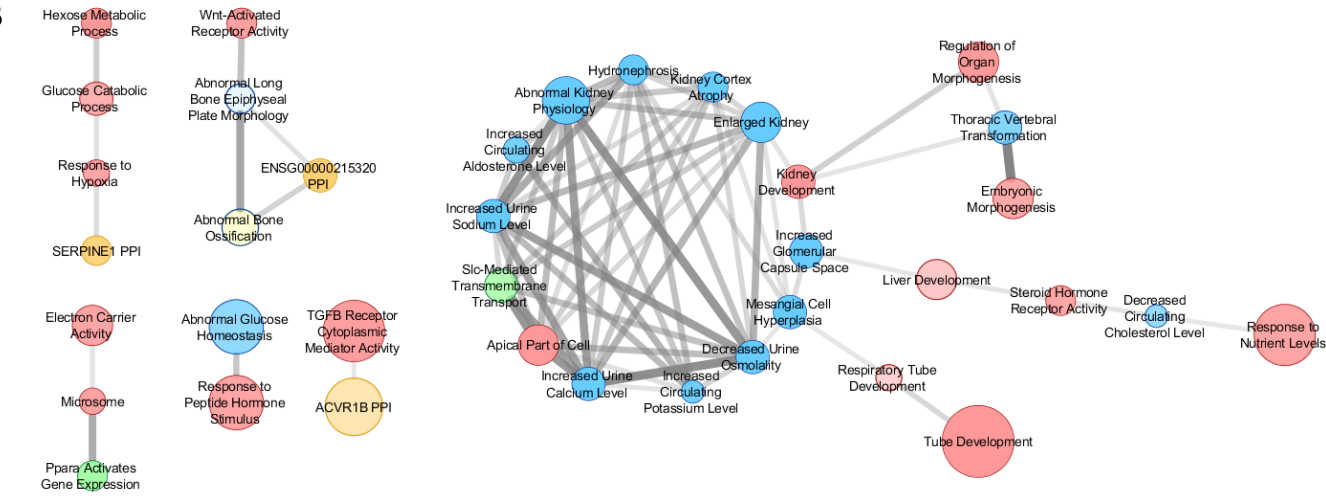
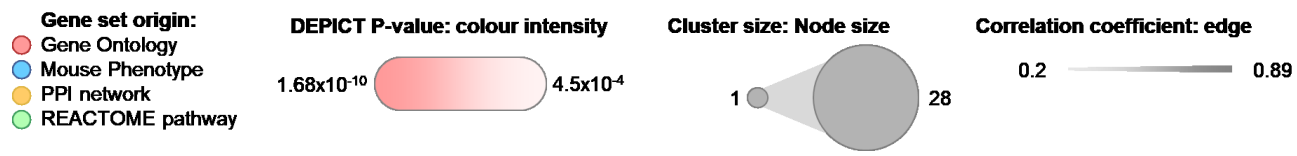


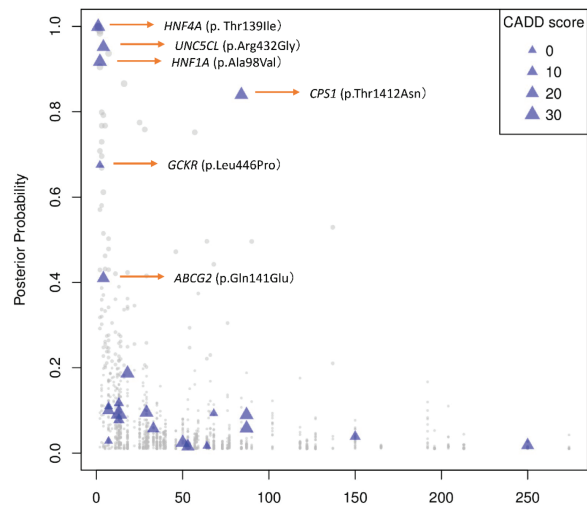
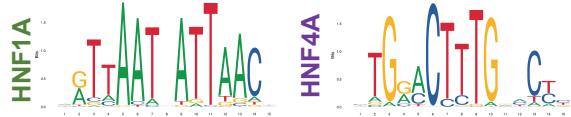
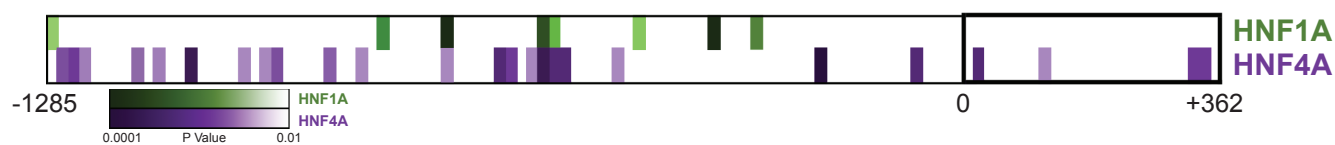
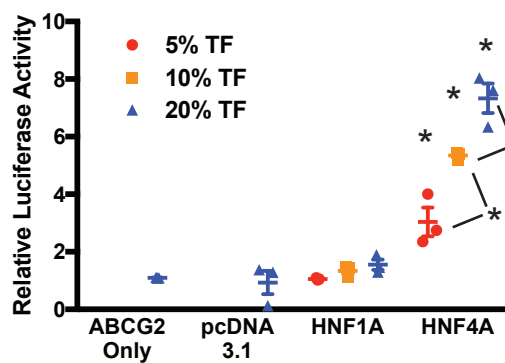
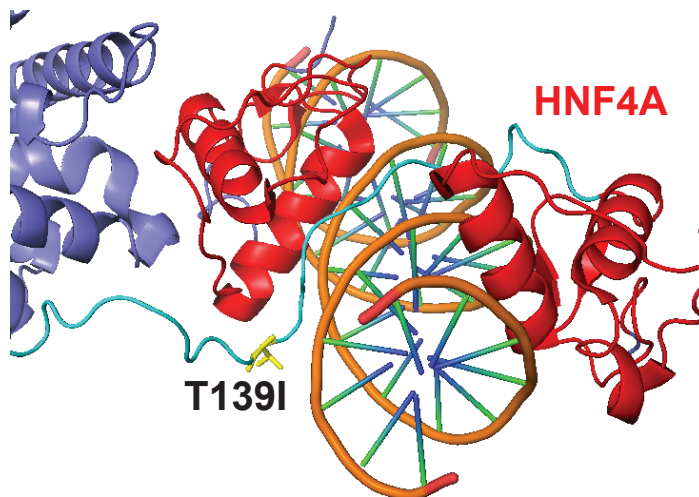
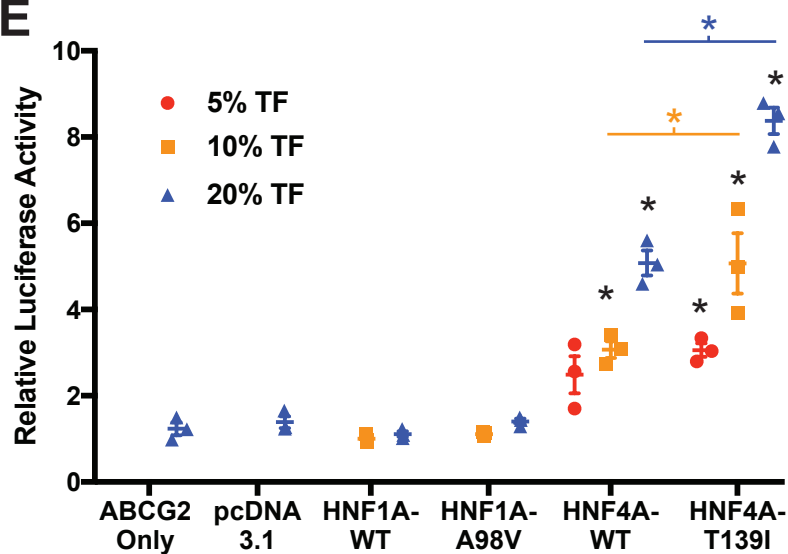
Figure 4

B

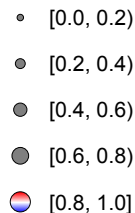


Key:



A**Credible Set SNPs and Exonic Effects****B**Credible Set Size (SNPs)
1453 SNPs with Posterior Probability > 1%**C****D****E**

Posterior probability of colocalization



Change in gene expression with increased urate

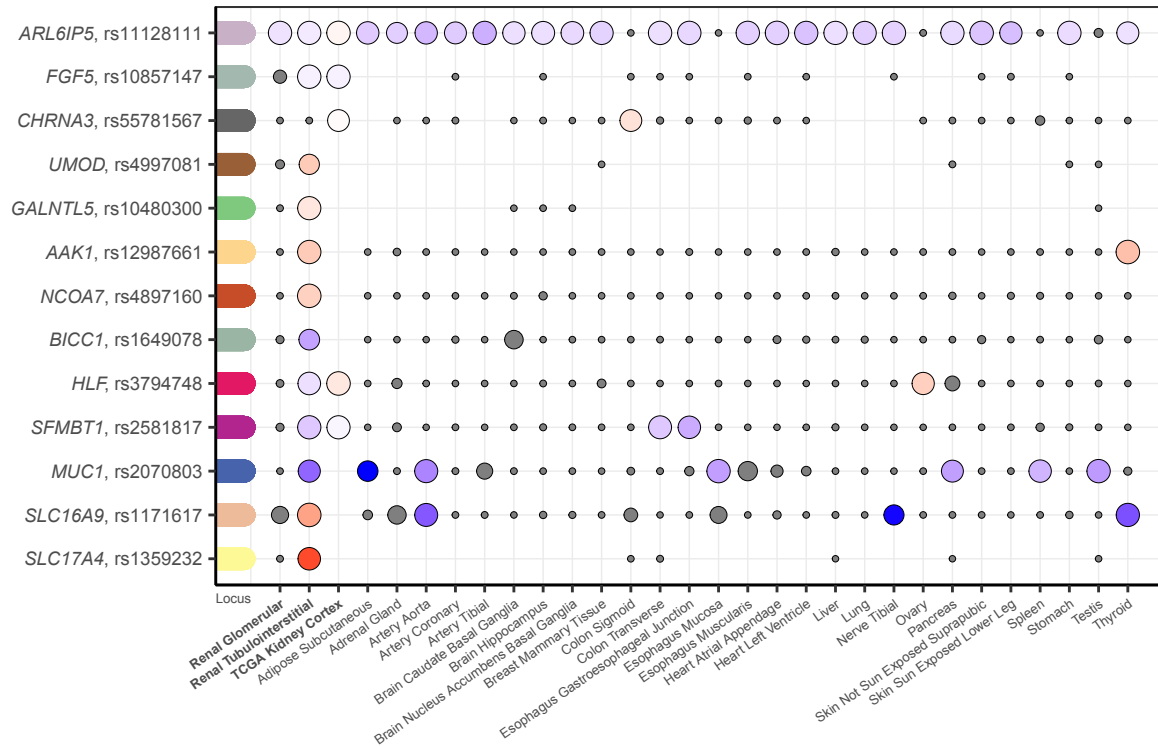
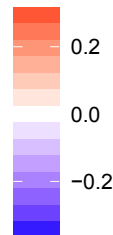


Table 1: Genes implicated as causal via identification of missense variants with high probability of driving the urate association signal. Genes are included if they contain a missense variant with posterior probability of association of >50% or mapping into a small credible set (≤ 5 variants).

| Gene | SNP | #SNPs in set | SNP PP | consequence | CADD | DHS | Gout p-value (EA) | Brief summary of literature and gene function |
|---------------|-----------|--------------|--------|--|------|-------------------|-------------------|--|
| <i>ABCG2</i> | rs2231142 | 4 | 0.41 | p.Gln141Lys (NP_004818.2) | 18.2 | ENCODE epithelial | 1.21E-290 | Encodes a xenobiotic and high-capacity urate membrane transporter expressed in kidney, liver and gut. Causal variants have been reported for gout susceptibility (#138900) and the Junior Jr(a-) blood group phenotype (#614490). The locus was first identified in association with serum urate through GWAS (PMID:18834626) and confirmed in many studies since. The common causal variant Q141K has been experimentally confirmed (PMID:19506252) as a partial loss of function. |
| <i>UNC5CL</i> | rs742493 | 4 | 0.95 | p.Arg432Gly (NP_775832.2) (within Death domain) | 21.0 | ENCODE epithelial | 2.73E-01 | Encodes for the death-domain-containing Unc-5 Family C-Terminal-Like membrane-bound protein. Suggested as a candidate gene for mucosal diseases, with a role in epithelial inflammation and immunity (PMID:22158417). Experiments using human HEK293 cells showed that UNC5CL can transduce pro-inflammatory programs via activation of NF- κ B, with the 432Gly variant less potent to do so than the 432Arg one (PMID:22158417). |
| <i>HNF1A</i> | rs1800574 | 2 | 0.92 | p.Ala98Val (NP_000536.5) | 23.4 | | 1.83E-02 | Encodes a transcription factor with strong expression in liver, guts and kidney. Rare mutations cause autosomal-dominant MODY type III (#600496). Locus found in GWAS of T2DM (PMID:22325160) and blood urea nitrogen (PMID:29403010). Together with HNF4-alpha, it was first recognized as master regulator of hepatocyte and islet transcription. Knockout mice show proximal tubular dysfunction (Fanconi syndrome). HNF1A enhanced promoter activity of PDZK1, URAT1, NPT4 and OAT4 in human renal proximal tubule cell-based assays (PMID:28724612), supporting a role in the coordinated expression of components of the urate "transportosome". |
| <i>HNF4A</i> | rs1800961 | 1 | 1.00 | p.Thr139Ile (NP_000448.3) | 24.7 | ENCODE pancreas | 7.43E-03 | Encodes another nuclear receptor and transcription factor that controls expression of many genes, including <i>HNF1A</i> and other overlapping target genes. Rare mutations cause autosomal-dominant MODY type I (#125850) and autosomal-dominant renal Fanconi syndrome 4 (#616026). Shown to regulate expression of SLC2A9 and other members of the urate "transportosome" in cell-based assays (PMID 25209865, PMID:30124855). The GWAS locus has been reported for multiple cardio-metabolic traits and T2DM (PMID:21874001). |
| <i>CPS1</i> | rs1047891 | 84 | 0.84 | p.Thr1412Asn (NP_001116105.1) | 22.1 | | 5.66E-02 | Encodes mitochondrial carbamoyl phosphate synthetase I, which catalyzes the first committed step of the urea cycle by synthesizing carbamoyl phosphate from ammonia, bicarbonate, and 2 molecules of ATP. Rare mutations cause autosomal-recessive carbamoylphosphate synthetase I deficiency (#237300). In addition to hyperammonemia, this disease features increased synthesis of glutamine, a precursor of purines. Elevated uric acid excretion has been reported in patients with hyperammonemia (PMID:6771064). GWAS locus for eGFR (PMID:26831199), homocysteine (PMID:23824729), urinary glycine concentrations (PMID: 26352407). |
| <i>GCKR</i> | rs1260326 | 2 | 0.67 | p.Leu446Pro (NP_001477.2) | 0.1 | ENCODE kidney | 4.09E-41 | Encodes a regulatory protein prominently expressed in the liver that inhibits glucokinase. Identified in previous GWAS of urate (PMID:23263486) and multiple other cardio-metabolic traits. The 446L protein was shown to be less activated than 446Pro by physiological concentrations of fructose-6-phosphate, leading to reduced glucokinase inhibitory ability (PMID:19643913). |

Abbreviation: PP, posterior probability; DHS, DNase-I hypersensitivity site; CADD, Combined Annotation Dependent Depletion phred score; EA, European ancestry.

